“God is the only one who can make the valley of trouble a door of hope.”
- Hosea 2:15

“I was very reluctant at first to seek help, but after my first visit, I knew this was the right choice. My visits here have helped so much!”
- A Pine Rest Patient

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A LETTER FROM OUR PRESIDENT & CEO

Individuals and families come to us in their darkest days. Mental illness, substance use or relationship problems have taken their toll. Some have struggled through years or even decades of illness. Perhaps they have lost jobs, homes, families. Most have felt isolated and alone in their grief, pain and difficulties. Some no longer feel lovable or deserving of help. Some with strong faith have arrived at Pine Rest feeling abandoned by their faith community and even by God.

Our vision calls us to provide compassionate care that changes lives. What a challenging task—restoring hope to the tens of thousands we serve each year. Through the decades we have sought to provide world-class care—with both professional excellence and compassion.

Our mission and vision demand that we continuously grow and evolve in how we carry out our mission—expanding access to serve more individuals, raising the bar on professional education and providing leadership to allied professionals and community members.

Access. Perhaps the most exciting example of expanded access is the opening of the new Ruth and Jack Loeks Residency Center on the Pine Rest campus. Our first cohort of psychiatric residents started seeing patients in late October, helping to reduce wait times for psychiatric care. We’ve also expanded our services to teens—doubling the number of adolescents we can see in our hospital day program.

Education. We are continuing to expand educational programming at every level—from psychology internships through the psychiatry residency. In July, we welcomed our second cohort of psychiatry residents. The growing number of outstanding lectures and training experiences—like the William VanEerden, MD, Lecture Series—allow our staff to constantly learn and grow professionally. Many of these trainings are open to allied professionals. And our Clinician Pastoral Education program equips faith leaders in their important work.

Leadership. Our state and national leadership recognizes how mental health care models and access can contribute positively or negatively to many of the important issues of our day—physical health, ability to graduate and hold a job, incarceration rates, homelessness and more. We value our growing partnership with public sector leaders at all levels of government as we seek the common good.

Thank you for your ongoing support in this work.

Mark Eastburg, PhD
President & CEO
Pine Rest’s second cohort of eight psychiatry residents began July 1, 2015, increasing the number of residents in the program to 17. The four-year program will have a total of 32 residents by July 2017.

“Our 2015 psychiatry residency class is an outstanding group from across the country,” says William Sanders, DO, Pine Rest Psychiatry Residency Program Director. “We are passionate about continuing to build on the success of our first-year psychiatry residents and have already started to feel the positive impact in the community with the addition of more mental health providers.”

Clinical rotations in the Pine Rest program include psychiatric inpatient and outpatient care, general medicine experience, consultation liaison in acute care hospitals, emergency psychiatry at network180 and exposure to neurology. The new residents will be assigned to a dedicated adult inpatient teaching unit at Pine Rest, and their rotations will include Pine Rest’s child and adolescent and geriatric units.

ENVIRONMENT OF LEARNING IMPROVES CARE AND OUTCOMES

Pine Rest continues to expand educational programming at every level—from pastoral education through the psychiatry residency—allowing us to provide the highest level of expertise and compassion to all we serve.

SECOND COHORT OF PSYCHIATRY RESIDENTS

The Pine Rest 2015-16 class is (L to R): Katie Kist, DO, Kansas City University; Russell Yskes, MD, Wayne State University; Cameron Risma, MD, University of Nebraska; Sara VanBronkhorst, MD, Michigan State University College of Human Medicine; Daniel McCarthy, MD, University of Toledo; Ashlee Jousma, DO, Michigan State University College of Osteopathic Medicine; Matt Dandois, DO, Michigan State University College of Osteopathic Medicine; and Shayna Bailey, MD, George Washington University.

Photo Credit: Mary Taber Photography
Clinical Pastoral Education Celebrates 45 Years

Pine Rest’s Clinical Pastoral Education (CPE) program is a professional, experience-based program for pastors, chaplains, seminar students and laypersons from around the world to develop their pastoral ministry and leadership skills. The program influences the way the interns understand people during times of suffering, including those with mental illnesses, and leads to providing wise care and overcoming of prevailing stigmas.

Active throughout the Pine Rest network, CPE interns lead worship services on Sundays, meet one-on-one with patients, lead patient care groups and develop meaningful connections. During its 45 years, more than 1,000 interns have completed the CPE program.

William Van Eerden, MD, Lecture Series Established

A staff psychiatrist at Pine Rest for over 40 years, Dr. William Van Eerden combined a commitment to the highest psychiatric standards with a deep concern for the integration of faith with care. In addition to his strong clinical reputation, Dr. Van Eerden was administratively responsible for the establishment of the partial hospitalization program and the older adult unit, was the first director of adult services and cared for thousands of patients over his years of service.

In keeping with the values demonstrated in his life and career, Pine Rest created the William Van Eerden, MD, Lecture Series with the support of his family and friends to help establish a legacy of an education and learning culture at Pine Rest in keeping with Dr. Van Eerden’s values, life and professional practice. The series features national and international lecturers on topics related to best practice of psychiatric care, with a particular emphasis on spirituality and integration of faith and practice. Ultimately, the series will improve the lives of those in our community through training in excellent care.

PSYCHIATRIC RESIDENCY CENTER OPENS

The Ruth and Jack Loeks Residency Center is a state of the art teaching and learning space for the Pine Rest psychiatry residents. On October 26, two residents began seeing clients. Every month, an additional resident will be added. By May, all nine second-year residents will be seeing clients at the Loeks Residency Center, increasing Pine Rest’s ability to meet an important community need. On average, about 43% of Pine Rest’s outpatient clients receive psychiatry services.

Co-located alongside the Campus Clinic, renovations for the center were made possible through a generous gift from the estate of Ruth and Jack Loeks. A Grand Rapids businessman and movie industry pioneer, Jack Loeks left his mark by popularizing the concept of multiscreen theatres, building Jack Loeks Theatres with the flagship Studio 28. Both Grand Rapids natives, Ruth and Jack remained advocates for the region throughout their lives.

“Individuals, families and our many health care partners will benefit from this new resource. The generosity of the Loeks family has allowed Pine Rest to extend their gift to the community, benefitting current generations and generations to come,” says Mark Eastburg, President and CEO, Pine Rest Christian Mental Health Services. “Working closely with faculty, psychiatry residents will increase access to care and reduce wait times for those seeking assessment and treatment.”

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PRESENTERS IN THE VAN EERDEN LECTURE SERIES, 2014-2015

July 2014: Harold Koenig, MD, “Religion, Spirituality and Mental Health: Research and Implications for Practice”

April 2015: Phillip Resnick, MD, “Violence and Suicide Risk Assessment”

August 2015: John Peteet, MD, “Spirituality and Mental Health: What Is the Clinician’s Role”

EDUCATION PROGRAMS AT PINE REST

Psychiatric Residency
Visiting Resident Rotations
Medical Student Programs & Rotations
Physician Assistant Fellowship
Physician Assistant Rotations
Nurse Practitioner Rotations
Visiting PharmD Rotations
Predoctoral Psychology Internship
Clinician Pastoral Education Pastoral Internship
Continuing Education Series

2015 Pine Rest Annual Report
Nearly one in four deaths can be attributed to alcohol, tobacco or illicit drug use, and substance use disorder is linked to a variety of health problems, including cancer, cardiovascular disease, dementia, depression and other mental illnesses. Research shows treatment can help individuals stop using, avoid relapse and successfully recover their lives.

Mental illness and substance use disorders diagnoses don’t often come in nice, neat separate packages. Prolonged substance use can lead to depression or trigger another form of mental illness. Some reach for substances to self-medicate the symptoms of depression, anxiety or other mental illness.

For most of its history, Pine Rest focused primarily on mental health. However, our experience showed many needed treatment for a substance use disorder, and ideally, integrated treatment for those diagnosed with a severe mental illness and a substance use disorder. We felt ignoring care for those suffering from addiction would be inadequate care and would ignore an important part of our mission to provide healing and comfort.

To answer this calling, Pine Rest has dramatically expanded services, purposefully building a continuum of substance use disorder services across inpatient, outpatient and residential services in order to serve people at every level and at every need. The most recent addition was the opening of the Redwood inpatient hospital unit in the Van Andel Center. Many other substance use disorder services have been centralized in the Retreat Center on the Pine Rest campus.

Much stigma still surrounds both mental illness and addiction. Many suffering feel their diagnosis represents moral failure and so they deserve no compassion or assistance.

Our mission calls us to not only provide excellent treatment, but to provide it with kindness, understanding and welcoming hearts. The power of addiction is overwhelming, and helping people break the chains keeping them in the pain and oppression of addiction is important work.

Want to help fight stigma? Learn about substance use disorder from our new Insights magazine available online at www.pinerest.org/addiction.
“Addiction to opiates is something I thought would never happen to a person like me. No drugs, no drinking and didn’t run around with people that do. What a surprise! But the staff has given me nothing but unconditional love and acceptance. Through education, NA meetings and my appointments, I’m learning that it is possible to live clean.”

- A Pine Rest Patient
Half of all lifetime cases of mental illness begin by age 14 and 75 percent by age 24, contributing to alarming statistics in high school dropout, incarceration, self-harm and suicide rates. Treatment not only saves lives, it helps young people perform better at school, graduate, secure employment and form stronger ties with peers and families. Pine Rest provides a full continuum of mental and behavioral health services for children and adolescents. However, we are always investigating new models of care and expansions of service in order to better provide services when and where they are needed.

This summer our Adolescent Partial Hospitalization Unit renovation was completed, doubling the number of teens (from 12 to 24) we can now provide urgent mental and behavioral health services to for issues such as school anxiety, depression, self-harming behaviors, family stressors and need for psychiatric medication adjustments that cannot be managed in an outpatient setting.

Our day program focuses on teaching teens to cope in healthy ways and offers intensive treatment through groups and psychoeducation classes based on cognitive behavioral therapy (CBT) and dialectical behavioral therapy (DBT) approaches. Topics include developing healthy communication, reframing negative thought patterns, increasing positive self-esteem and distress tolerance skills among many others. Group therapy occurs daily giving kids the opportunity to process thoughts and emotions and gain insight from other’s experiences.

Adolescence is a difficult time for many young people. Kids are faced with a multitude of stressors that they must cope with on a daily basis. Far too often, they have difficulty managing these stressors and turn to negative coping mechanisms as a way to get through these challenging times.

CHILD & ADOLESCENT SERVICES AT PINE REST

- Inpatient Hospitalization
- Partial Hospitalization (Day Programs)
- Outpatient Therapy
- Testing & Assessments
- Residential Services
- School Counselors & Other Community Outreach Programs

TEEN RESIDENT TO MENTOR COORDINATOR

Many children and teens in our psychiatric residential programs have little or no contact with their biological families. Our mentoring program is meant to broaden their relationships with others.

Amanda DeVault, manager of the mentoring program, experienced the difference a mentor can make first hand. Once mentored in the program, she now connects mentors to mentees.

“My mentor is still a big part of my life. She was even maid of honor in my wedding,” says DeVault. “I became a mentor three years ago. My goal for years has been to have a role where I can be a daily support to kids in these programs.”
ADDRESSING MORE OF LIFE’S CHALLENGES WITH EXPANDED EAP SERVICES

Employee Assistance Programs (EAPs) help employees and their family members live happier, healthier lives leading to less absenteeism, fewer accidents and higher productivity in the workplace.

Pine Rest’s Employee Assistance Program (EAP) helps employers alleviate workplace issues due to mental health, substance use and personal problems. Through their employer’s contract with Pine Rest, employees and their family members are able to talk confidentially with a licensed mental health professional at no cost and often with little delay. These same services are also available to members of faith-based organizations through our Church Assistance Program.

During the past year, our EAP added several important new services for individuals without having to increase the cost to member organizations.

**Elder Care Consultation.** Evaluating services needed and tracking down resources while trying to support the emotional and daily living needs of a loved one can be overwhelming and exhausting. According to a MetLife study, over half of men and women reported they had to modify their work schedules as a result of caregiving. Pine Rest already offered Elder Care Consultation to the families of patients in our Older Adult unit. Pine Rest EAP now provides education and contact information for available local care and service options and guides families throughout the selection process.

**Legal Consultation.** Worrying about a legal matter can be highly stressful and distracting, making it hard to concentrate on work or cope with life issues. Pine Rest EAP now provides access to free consultation and discounted hourly rates at the West Michigan law firm of Rhoades McKee.

CRITICAL INCIDENT RESPONSE

A day like any other on the factory floor until two construction workers fell to their deaths. The company quickly activated its crisis management plan including Critical Incident Response services.

A specially-trained consultant was on-site immediately to guide leaders in identifying those impacted and designing a caring response. He then met with groups to offer a supportive environment to talk, work through feelings and discuss coping plans. Private one-on-ones were also available.

At the end of this long, daunting day, employees knew their employer cared about them as workers and as people. Better equipped to cope with the tragedy, additional crises were averted and employees and leadership had a plan for self-care, team-care and ways to support the grieving families.

**Personal Advantage Online Library.** This cloud-based service provides instant access to health and wellness, financial and legal information and much more. The Health and Wellness section alone contains over 2,000 articles reviewed by Harvard Medical School, 700 videos and dozens of health assessments.
THERE’S NO PLACE LIKE HOME

The three-year capital campaign raised the $1.5 million needed to renovate the five Pine Rest Christian Homes, which provide residential services in home settings for adults with developmental disabilities.

The Pine Rest Christian Homes are designed especially for individuals with higher needs due to mental health disorders, behavioral difficulties, aging and medical issues, or significant limitations with regard to activities of daily living. Services provide a continuum of living situations with varying degrees of support, as many of the residents are at Pine Rest for a lifetime.

Funds raised from the $1.5 million capital campaign are being used to renovate and upgrade the living environment of 56 adults, greatly enhancing their lives. The project will:

• Update the interiors and exteriors of the homes
• Offer a therapeutic environment
• Enhance safety and security of each home
• Improve handicap accessibility
• Implement green initiatives wherever possible
• Ensure every resident has an individual bedroom

With the support of a generous donor, Pine Rest hired a company with a history of creating and maintaining long term care environments to analyze the homes. This report provided the data to determine the project cost and scope. Progressive AE is the architect and project manager, and Elzinga & Volkers, Inc. is construction manager.

The timeline to renovate each home is about six months. The order for the renovations is Adrian, Cameron, Westwood, Eastwood and Pine Grove. Renovations on four of the five homes were completed as of February 2016.

Lou Ann and Dan Gaydou served as the Capital Campaign Chairpersons of the No Place Like Home Campaign.

“Pine Rest has done such a wonderful job for Lou Ann’s brother, David. The staff has compassion and takes great care to provide fully for the residents of these homes.”

“We needed the Pine Rest Christian Homes to be there for our family at a very stressful time. This project has extended their mission for many years to all those who will come after us.”

- Dan Gaydou
**BY THE NUMBERS**

### PATIENT CARE

<table>
<thead>
<tr>
<th></th>
<th>2015</th>
<th>2014</th>
</tr>
</thead>
<tbody>
<tr>
<td>Outpatient Visits</td>
<td>325,791</td>
<td>289,183</td>
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<tr>
<td>Clinic Network</td>
<td>279,934</td>
<td>256,761</td>
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<tr>
<td>Community Services</td>
<td>45,857</td>
<td>32,422</td>
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<tr>
<td>Hospital Admissions</td>
<td>8,022</td>
<td>7,368</td>
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<tr>
<td>Partial</td>
<td>1,501</td>
<td>1,460</td>
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<tr>
<td>Inpatient</td>
<td>6,521</td>
<td>5,908</td>
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<tr>
<td>Hospital Days of Care</td>
<td>68,417</td>
<td>62,401</td>
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<tr>
<td>Partial</td>
<td>6,599</td>
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<tr>
<td>Inpatient</td>
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<tr>
<td>Residential Days of Care</td>
<td>51,593</td>
<td>46,408</td>
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### FINANCIAL HIGHLIGHTS*

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<td>Total Revenues</td>
<td>$113,856,427</td>
<td>$110,024,937</td>
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<tr>
<td>Total Expenses</td>
<td>$112,192,597</td>
<td>$101,686,421</td>
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<tr>
<td>Community Benefit</td>
<td>$6,911,590</td>
<td>$6,817,422</td>
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### EDUCATION

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<tr>
<th></th>
<th>2015</th>
<th>2014</th>
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<tbody>
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<td>Residency Program</td>
<td>9</td>
<td>NA</td>
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<tr>
<td>Rotations</td>
<td>145</td>
<td>118</td>
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<tr>
<td>Visiting Resident</td>
<td>7</td>
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<tr>
<td>Medical Student</td>
<td>116</td>
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<td>Physician Assistant</td>
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<td>Doctor of Pharmacy</td>
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<td>Nurse Practitioner</td>
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<tr>
<td>PreDoctoral Psychology Internships</td>
<td>4</td>
<td>4</td>
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<tr>
<td>Clinical Pastoral Education</td>
<td>27</td>
<td>25</td>
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### EMPLOYMENT

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<tr>
<th></th>
<th>2015</th>
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<tbody>
<tr>
<td>Michigan</td>
<td>1,800</td>
<td>1,814</td>
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<tr>
<td>Iowa</td>
<td>24</td>
<td>24</td>
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</table>

*A copy of the audited financial statement is available upon request.

**Individuals Served = 43,692**

Number of children, teens and adults Pine Rest staff personally interacted with in FY 2015.

**Giving Back to the Community = $6,911,590**

Total value of patient assistance, funding for inner-city mental health initiatives, services provided where the amount charged does not cover the full cost of providing, and amounts written off when a patient is unable to pay.

**Professional Seminars = 15**

Number of professional education sessions offered by Pine Rest to educate physicians and their staff, nurses, case workers, mental health workers as well as business and community leaders. All are offered free or for a nominal fee through underwriting of the event by Pine Rest, the Pine Rest Foundation or community partners such as MIOSHA (sponsor of the Workplace Violence and Active Shooter System workshop).

**Opportunities = Endless**

Pine Rest offers countless career enhancement and advancement opportunities because of our size, scope of services, and specialty programs.
“When I first came to Pine Rest, I felt so alone, helpless, but now I feel hopeful and know that I will get better.”
- A Pine Rest Patient

“One of the things I value the most about the Pine Rest program is the exposure to more than just general adult psychiatry. Residency programs typically save electives for the final year, but Pine Rest rotates through child and adolescent and older adult psychiatry during the first year. No textbook can teach how to be fully present with a patient in crisis. Those interactions helped transform me from an intern whose first patient interactions felt clumsy to a confident leader on a treatment team. I’m proud to be a resident at Pine Rest, where mental health care is the focus rather than an afterthought.”
- Kelsey Lamb, MD, Second-Year Psychiatry Resident

“I don’t know how I would ever have been able to complete 20 years of inner city ministry without having gone through the CPE course. The classroom education, the practical application, the fellowship of staff and other students were extremely invaluable to me in my responsibilities as a pastor, but equally so as a husband and father.”
- Clinical Pastoral Education program graduate
The Foundation distributed over $1.2 million from the endowment this fiscal year through the Casey Wondergem Grant Program and the Patient Assistance Fund.

### Casey Wondergem Grant Program

<table>
<thead>
<tr>
<th>Administration</th>
<th>$306,000</th>
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<tbody>
<tr>
<td>Psychiatric residency program start-up, grants team and research expansion program</td>
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<table>
<thead>
<tr>
<th>Outpatient Services</th>
<th>$164,866</th>
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</thead>
<tbody>
<tr>
<td>Serving seniors, safety, healthy living group, dialectical behavioral therapy for substance use programming, child &amp; adolescent psychiatry integrated healthcare, depression best practices</td>
<td></td>
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<table>
<thead>
<tr>
<th>Hospital Based Services</th>
<th>$110,100</th>
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</thead>
<tbody>
<tr>
<td>Relationship Based Care, systematic assessment of patient violence</td>
<td></td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Residential Services</th>
<th>$101,900</th>
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</thead>
<tbody>
<tr>
<td>Trauma-informed environment, peer support for Center for Psychiatric Residential Services, board-certified behavior analyst education, wellness-fall reduction</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>TOTAL</th>
<th>$682,866</th>
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### Patient Assistance Fund

<table>
<thead>
<tr>
<th>Pine Rest Christian Homes</th>
<th>$316,625</th>
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<tbody>
<tr>
<td>General</td>
<td>$215,309</td>
</tr>
<tr>
<td>Iowa</td>
<td>$7,839</td>
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<table>
<thead>
<tr>
<th>TOTAL</th>
<th>$539,773</th>
</tr>
</thead>
</table>

### Total Gifts from the Pine Rest Foundation Endowment

$1,222,639

“Coming (to Pine Rest) gave me the hope and confidence that I will get better.”
- A Pine Rest Patient
Through the generosity of these individuals, organizations and companies to the Pine Rest Foundation, over 2,200 men, women and children with limited resources were able to receive services in 2014 through the Patient Assistance Fund (PAF). The Pine Rest Foundation Endowment also supports the PAF and strategically invests in projects to improve Pine Rest’s delivery of service and access to care, such as the Psychiatry Residency Program. Thank you to all who partner with us to provide compassionate, high quality care to the individuals we serve.

INDIVIDUALS

Lorraine Abbott
James Achterhof
Daniel & Sonia Achties
Dr. Eric & Katie Achties
Wendy & Brian Ahearn
Amy Albertson
Peter Alekynas
Mary Alfennik
W. James & Susan Allred
Sarah Alsobbagh
George & Esther Alsum
Tom Altoff
Bruce Anderson
Donald & Mary Anderson
Erin Anderson
Beth Andringa
Anonymous (9)
Paul & Cynthia Anthes
Henry Apol
Annette Apotheke
Steve & Janet Armfield
Dr. Alan & Kathryn Armstrong
Mary Assink
Chris Athanson
Dr. Joseph Atfield
Brian Ausdemore
Joseph & Diane Babiak
Dean Baker
Dwight & Tamara Baker
Ralph & Verna Baker
Marvin & Janet Bakker
Thea Groomewak Bakker
Peter & Michelle Baldwin
Donald & Marguerite Ballast
Jack & Barbara Ballema
Becky & Bryan Bandstra
Henry Barlow
Mary Ann Barnaby
Larry Barrons
Mary Bartling
Dr. Leonard & Diane Bartoszewicz
Clayton Bates
Philip & Marilyn Battjes
Ronald & Mary Baylor
Rev. Michael & Donna Bayna
Gertrude Beelen
James & Patricia Beelen
Christine Behrens
Kendra Belk
Raymond & Ronda Benedict
Michael Bennett
Laura Bennington
Harri & Sewelde Berlekefab
Kenneth & Claribel Berghorst
Louis & Janis Berkhof
Scott Bernecker
Chad & Michelle Berry
Steven & Nancy Berry
David & Dorothy Bestman
Marlene Betten
Ronald & Norma Betten
David Betts
Laurel Beukelman
William & Ted Beukema
Gordon Beute
Dr. William & Jill Beute
Ronald & Norma Beute
Dr. David & Jill Bielem
John & Judith Bielem
Harry & Phyllis Blain
Rev. Edward & Carol Blankespoor
Gary & Gerry Bleeker
David Bloem
Rose Bloem
Dr. Thomas & Linda Bock
Rev. Harold & Helen Bode
Charles & Christine Boelkins
Bert & Mary Boerema
Anna Boermans
Albert & Elaine Boers
Bert Boersma
Scott & Jill Bolinder
Arthur & Mary Bolt
Cynthia Bolt
Suzanne Bolt
Helen Bonzelaar
Mary Boomsma
Joel & Leslie Boonstra
William & Beatrice Boorsma
Wilma Bootsm
Robert & Dotti Borgeld
Ann Bos
Rev. Robert & Dr. Tamala Bos
Donna Bosch
Jeffrey & Cindy Bosch
Henry & Linda Bosma
Michael & Karen Bosma
Elizabeth & Christopher Boss
Kimberly Bosscher
Timothy & Patricia Bosscher
Margaret Bouchard
Betty Bousum
John & Sharon Bousma
Dr. Peter Bournigarden
Robert & Sharon Bouwens
Robert & Jill Bouws
Donna Bova
Zoe Bracey
David Brandt
Donald & Jean Bremer
Sophie Bremer
Robert & Pamela Bremers
Peg & Rick Breun
Kathy Breznin
Andrew & Marian Breuker
Michael Brigham
Tyler Brigham
Johanna Brink
Rhonda & Stephen Brink
Joseph Brinks
Louise Brinks
Kenneth & Katherine Brock
Margaret Brock
Steven & Trina Brock
Willard & Joyce Brook
Andrew & Harriet Broekhuizen
John Broekhuizen
Philip & Stephanie Broekhuizen
Annette Broodman
James & Donna Brooks
George & Willa Brown
David Browne
Arlene Bruggink
Rev. Rozanne & Dr. George Bruins
James & Ellen Bruinsma
Roger & Connie Brummel
Warren & Evelyn Brunsting
Shirley Bruursema
Robert & Lynn Bruyvoort
John Buckhout
Daniel & Heather Buist
Donald & Marilyn Buist
Paul Buiten
Gordon & Mary Buitendorp
Harvey & Jean Buiterma
Dr. James & Martha Butman
Henry & Dorothy Bulsma
Marilyn Burman
James & Janice Bush
Brent & Cindy Busscher
Robert Busscher
Glen & Julie Butler
Kathleen Butryn
Michael & Rebecca Buwalsda
Carolyn & Eric Buzzell
Ronald & Diane Calabrek
John & Linda Carman
John Carrel
Ronald & Pamela Carrier
Rev. Janet Carter
Nancy Carter
Peter & Peggy Carter
John Cassady
DC Cavender
Carolyn Cekend
Richard & Vicki Cerchia
Tyler Cerny
Joseph & Anna Cerrone
Clifton & Lucinda Charles
Stacey Charron
Dr. Todd & Amanda Chassee
Thomas & Jennie Chen
Dr. Randall & Anne Christenson
Thomas & Nancy Church
Nancy Clark
Paul Clark
Raymond & Janet Clegn
Brooke Clifton
Kenneth & Harriet Coeling
Marcus & Janise Cole
Rick & Jusinta Coleman
Susanne Coleman
John & Brenda Coles
Dr. John & Penelope Collins
Thomas Combs
Alfred Comdure
James & Dorothy Compera
ArtPrize winner Chris LaPorte was a featured artist in the Pine Rest Leep Art Gallery in 2015. “Tweedy” was produced with 2H pencil on paper.
CHURCHES AND FAITH-BASED ORGANIZATIONS

Alto Christian Reformed Church
Barnabas Foundation
Bauer Christian Reformed Church
Bedrock Christian Reformed Church
Bethany Christian Reformed Church
Bethany Reformed Church
Bethel Christian Reformed Church
Bethel Christian Reformed Church
Bethesda Reformed Church
Borculo Christian Reformed Church
Brookfield Christian Reformed Church
Brookside Christian Reformed Church
Byron Center Protestant Reformed Church
Calvary Christian Reformed Church
Cedar Christian Reformed Church
Central Avenue Christian Reformed Church
Central United Methodist Church
Central Wesleyan Church
Coopersville Christian Reformed Church
Cornerstone United Methodist Church
Covenant Christian Reformed Church
Cutlerville East Christian Reformed Church
East Martin Christian Reformed Church
East Palmyra Christian Reformed Church
East Side Christian Reformed Church
Eskaton Christian Reformed Church
Faith Christian Reformed Church
Faith Christian Reformed Church
Faith Reformed Church
Faith United Church of God
Fellowship Reformed Church
First Cutleville Christian Reformed Church
First Prinsburg Christian Reformed Church
First United Methodist Church
Fourteenth Street Christian Reformed Church
Fremont First Christian Reformed Church
Frontline Bible Church
Fuller Avenue Christian Reformed Church
Georgetown Christian Reformed Church
Grand Rapids Reformed Church
Grant Christian Reformed Church
Hanley Christian Reformed Church
Waukon, WI
Baileyville, IL
Tinley Park, IL
Hudsonville, MI
Grand Rapids, MI
Hollands, MI
Kalamazoo, MI
Fulton, IL
Zeeland, MI
Howard City, MI
Zeeland, MI
Brookfield, WI
Grand Rapids, MI
Byron Center, MI
Caledonia, MI
Pella, IA
Cedar, IA
Hollans, MI
Traverse City, MI
Hollans, MI
Munster, MI
Caledonia, MI
Grand Rapids, MI
Grand Rapids, MI
Martin, MI
Palmra, NY
Warrenville Heights, OH
Escond, CA
Hollans, MI
Pella, IA
Traverse City, MI
Grand Rapids, MI
Hollans, MI
Byron Center, MI
Prinsburg, MN
Grand Rapids, MI
Hollans, MI
Fremont, MI
Byron Center, MI
Grand Rapids, MI
Hudsonville, MI
Hollans, MI
Grant, MI
Grandville MI
Highland Hills Baptist Church
Hillcrest Christian Reformed Church
Hillsdale Community Church
Immanuel Reformed Church
Kalamazoo Protestant Reformed
Kelloggsville Church
LeGrave Avenue Christian Reformed Church
Leighton Christian Reformed Church
Luctor Christian Reformed Church
Mayfair Christian Reformed Church
McBain Christian Reformed Church
Mercies of God Association
Meredith Drive Reformed Church
Munster Christian Reformed Church
Nelnd Avenue Christian Reformed Church
Netherlands Reformed Church
New Covenant Community Church
New Life Christian Reformed Church
North Bend Christian Reformed Church
Oakland Christian Reformed Church
Oskaloosa First Christian Reformed Church
Palo Alto Christian Reformed Church
Pella First Christian Reformed Church
Pella Second Christian Reformed Church
Pella Second Christian Reformed Church
Pine Rest Chapel
Plymouth Heights Christian Reformed Church
Prairie Edge Christian Reformed Church
The Presbyterian Church of Traverse City
Princeton Christian Reformed Church
Quincy Christian Reformed Church
Rosewood Reformed Church
Seymour Christian Reformed Church
South Grandville Christian Reformed Church
Southwest Protestant Reformed Church
SS, Peter & Paul Church
United Methodist Women
Waukon First Christian Reformed Church
Western Theological Seminary
Woodland Christian Reformed Church
Zutphen Christian Reformed Church
Grand Rapids, MI
Hudsonville, MI
Grand Rapids, MI
Belmond, IA
Kalamazoo, MI
Kentwood, MI
Grand Rapids, MI
Leighton, IA
Prairie View, KS
Hollans, MI
Grand Rapids, MI
McBain, MI
Grand Rapids, MI
Des Moines, IA
Munster, IN
Grand Rapids, MI
Kalamazoo, MI
Grand Rapids, MI
Highland, IN
Hudsonville, MI
Hamilton, MI
Oskaloosa, IA
Palo Alto, CA
Pella, IA
Pella, IA
Pella, IA
Pella, IA
Grand Rapids, MI
Grand Rapids, MI
Portage, MI
Traverse City, MI
Grand Rapids, MI
Quincy, WA
Jenison, MI
Grand Rapids, MI
Grandville, MI
Wyoming, MI
Grand Rapids, MI
Traverse City, MI
Waukon, WI
Hollans, MI
Grand Rapids, MI
Hudsonville, MI

2014 DINNER

(L to R) Abigayle Sladick (Pine Rest Foundation board member) and Amanda Van Essen, members of PR Connect, at the 2014 Foundation dinner.
CORPORATIONS AND ORGANIZATIONS

4Front Credit Union
The Bron East Bay
Accurate Reprinting Service
Advisors Asset Management, Inc.
Ajax Die Sales Corporation
Allie Embroidery
Allana Global Investors Distributors
AMDG Architects Incorporated
Anonymous (2)
ASR Health Benefits
AT&T Employee Giving Campaign
Autocam Corporation
Baker Book House
Bank of America
Bay Winds Federal Credit Union
Bill Marsh Automotive Group
Buitens & Associates LLC
Cerny Industries LLC
Chemical Bank
Clock Corporation
Collar Clinic
Comerica Bank
Cook Holdings
Corners Limited
Credit Union ONE
Crowe Harworth
Custer Office Environments
Cutlerville Eye Care
Cutlerville Gaines Chamber of Commerce
Dean Baker, Inc.
DeHaan Tile & Floor Covering, Inc.
Diamonds in the Rough
Eilenhour, Inc.
Elzinga & Volkers
Everett’s Landscape Management
EXCEL Office Interiors, Inc.
Fast Physical Therapy
Fasteners, Inc.
Fifth Third Bank
Genesis Non-Profit Housing Corporation
GMB Architecture-Engineering
Gordon Food Services
Grand Rapids Community Media Center
Grand Rapids New Car Dealers Association
Grand Traverse Resort & Casinos
Grand Valley State University
Great Lakes Utility & Concrete Construction
Greater Ottawa County United Way
Grotenhuis
Guardians of Comedy Improv
Harborside Dental
Heyboer Landscape Maintenance, Inc.
Holland Home/Raybrook Manor
Hollander Litho Printing Service
Hope College
Hospital of Michigan
Howard Miller Company
Huizinga Lawn Sprinkling, Inc.
Huntington
Integrated Architecture
J. Milti & Associates
Joymar, Inc.
Kendall Electric, Inc.
Kennari Consulting
Kent District Library
Kent Intermediate School District
Kitchen Choreography LLC
Kitchen Fellowship, Art & Eats Retreats
Knorr Marketing
Lacks Enterprises, Inc.
Lake Michigan Credit Union
Lake Michigan LLC
Lasers Resource
Leisure Living Management, Inc.
The Lighthouse Neurological Rehabilitation Center
Long Ventures LLC
Lumbermen’s, Inc.
Macatawa Bank
March of Dimes
Mary Free Bed Rehabilitation Hospital
McDonald Plumbing
Meijer, Inc.
Mercurante Bank
Mercy Health Saint Mary’s
Merrill Lynch
Metro Health
Michigan Professional Insurance Exchange
Michigan State University - College of Human Medicine
Midwest Psychology
Mikalan Roofing, Inc.
Millenium Telecom
Miller Johnson
MLive Media Group
Morgan Stanley
MTM Recognition
Murson Medical Center
National Cherry Festival
National Heating & Cooling
Nederveld Associates Surveying
Network for Good
Neuberger Berman
Norris, Perné & French
Nulty Insurance
Nyenhuis Collision Center
Pageworks
PIMCO Investments LLC
Pioneer Construction, Inc.
Preferred Mobile Homes
Pro Harvest Solutions, Inc.
Progressive Architecture Engineering Planning
PVc
Renegade Brands
Request Foods
Rhoades McKee
Robert Baird Company
Rowerdink, Inc.
Rosi’s Restaurant
Sandi’s Family Restaurant
Serv-U-Success
Sheren Plumbing & Heating
Smith Haughey Rice & Roegge
Spectrum Health
Spring Lake Public Schools
Stricker’s Family Dentistry
Stroo Funeral Home, Inc.
Target Corporation
Tender Lawn Care
Tennant Company
Tom Stehouwer Auto Sales
Town & Country Group
Traverse City Area Chamber of Commerce
Traverse City State Bank
Traverse Dental Associates PC
Unidine Corporation
USI Insurance Services
VanAndel Institute
VanDam & Krings Building & Restoration
Viessman & Karhorn Civil Engineering
Weather Shield Roofing Systems
Williams Distributing
Zaagman Memorial Chapel, Inc.
Zion Heating & Cooling

FOUNDATIONS AND TRUSTS

Baird Foundation, Inc.
Battle Creek Community Foundation
BCBSM Foundation
Marion & Marlene Betten Foundation
The Community Foundation of the Holland/Zeeland Area
Peter C. & Emajean Cook Foundation
DeKock Family Foundation
Douglas & Mara DeVos Foundation
Richard & Helen DeVos Foundation
DeWitt Conduit Foundation
Joan Kuyper Farver Foundation
Frank B. & Virginia V. Felsenfeld Charitable Foundation
N. Lucile Elies Charitable Lead Trust
Marinus Goote Revocable Living Trust
Grand Haven Area Community Foundation
Grand Rapids Community Foundation
Hastings Mutual Insurance Company
Charitable Foundation
Hattie Hannah Keeney Trust Fund
The Kriff Foundation
The Nicholas E. Leep & Hilda Leep Foundation
The Meijer Foundation
MSJ Foundation
The Calvin & Harriet Nagel Estate
National Christian Foundation West Michigan
National Philanthropic Trust
The Donald A. Pell Trust
Pella Community Foundation
Pella Rolscreen Foundation
Pfizer Foundation Matching Gifts
Edgar & Eila Prince Foundation
Traverse City Community Foundation
David & Carol VanAndel Foundation
VanderLaan Family Foundation
Verduin Charitable Foundation
Samuel L. Westerman Foundation
The Harry Donald White Estate

(L to R) The winning foursome from the 2015 Golf Classic:
Chris Beckering, Scott Alfree, Tim Schowalter (Pine Rest Foundation board member) and Andy Visser.
IN MEMORY OF:

Dale Barnaby
Harry & Phyllis Blain
Barbara Haveman
Ed & Nancy McDonald
Ronald & Yvonne Muller
Larry & Carol Rhodes
Ben & Ina Stark
Neal & Jane Streeter
Wesley & Patricia Tolan
Carol Warner
Donald & Nancy Warner
Marge Boersma
Bert Boersma
Harriet Bouw
Theodore & Ratha Essenburg
Sidney Brock
Kenneth & Katherine Brock
Ruth Busscher
Louise Brinks
Robert & Marilyn Dykstra
Harvey Duthler
Mary Bartling
Patricia Cooper
Dan & Lou Ann Gaydou
Grand Rapids New Car Dealers Association
Don & Dorothy Kullgren
Macatawa Bank
Judy Harkema
Christopher & Julie Fennema
VanderLaan Family Foundation
Patricia Heyboer
Raymond & Janet Clegg
Marian DeVries
Shirleyann Gould
Kent Intermediate School District
Aloha Meyer
Bernard & Elizabeth Petersen
Elizabeth Pruitt
Kurt & Wilma Roudabush
Marvin & Virginia Sietsema
Jack & Lorraine Walbridge
Dr. William Hiemstra
Gloria Yff
Rev. Donald & Martha Lam
Nicholas & Debra Lam
Gabrielle Lambert
Milie Lambert
Jackie Martin
Dr. Bryan Judge

Thomas Mudder
Jany's VanderVliet
Freda Pell
Anonymous
Jack & Barbara Ballema
Andrew & Marian Breuker
Gerald & Evelyn Devos
Theodore & Ratha Essenburg
Fasteners, Inc.
Marinus Goote
Gordon Food Services
Hal & Christie Hoppa
Max & Ann Luchies
Bruce & Ann Mingerink
The Donald A. Pell Trust
Donald & Mae Schreur
Bettie Speet
Vivian Wate
Avon Ploockmeyer
Dan & Barbara Smith
Steven & Verlee Terwilliger
Carolyn Postma
Neal & Linda DeJongh
Robert Morris
Jean Mumford
Beatrice Redder
James & Amy Redder
Andrew Schipper
Karen Ensink
Michael & Sandra Krikke
Nellie Schuurman
Kenneth & Patricia DeBoer
Richard & Phyllis Schuurman
Douglas & Vicky Struyk
Gerard VanDerVoort
Adam Singleton
Shelia Singleton
Jack Stahl
Dr. Bryan Judge
Elise Tiemeyer
Michael & Karen Bosma
Thomas & Else Conwin
Randall & Betty Heyboer
Joymar, Inc.
Gary & Mary Mallory
Harley Mulder
Michael & Angela Shemanski
Stroo Funeral Home, Inc.
Thelma VanBenmel
Gilbert VanHolland
Peter “Pat” Tiemeyer
Anonymous
Michael & Karen Bosma
Willard & Joyce Brock

Marilyn Burman
Thomas & Else Conwin
Kelvin & Nancy DenBoer
Theodore & Ratha Essenburg
Harley Mulder
Jane & Jim Oosterman
Jack & Linda Tiemeyer
Gaylon & Geraldene VanHolland
Gilbert VanHolland
Jim and Claire Voetberg

Bertha VanDeLune
Margaret Bouchard
Carole Dalebout
Sharon Halverson
Ryan & Lisa Reichenbacker
Robert & Gerry Rievteld
Lisa Ros
Herman & Helen Scholten
John & Julia Sterk
Jayne & Jim Thorne
Howard & Lola VanderHart
H. Wayne & Vivian Vanwyngarden
Keith & Mary Wamser
Dr. Pamela & Ron White
Melissa VanderLugt
Hendrik & Lammegiena Porte

Laurel VanDerve
Steven & Darleen Dangel
Ruth Lubbers
Gordon & Inez Obeng
James & Constance Parker
Jeffrey & Jill Pugh
Timothy & Julie Scholten
Marian Slater
James & Marcia VanderWeg
Dr. Richard & Dr. Mary Welscott

Dr. William VanGorden
Susan & Eric Vroegop
Rod VanZelzen
Marilyn VanZelzen

Cornelis Vogel
Anna Boermans
St. & Glennia Monsma
Dr. Dick & Ruth Neusma
Nulty Insurance
David & Elizabeth Nynhuys
PwC
Plonia Swets
William & Joyce Vandermay
Alfred Vogel

IN HONOR OF:

Dr. Robert Baker
Dr. Richard & Alyce Houskamp
Cynthia Busscher
Rev. John & Betty Witvliet
Gregory Croskey
Thomas Croskey
Dr. Richard Houskamp
Phyllis VanAndel
Ruth Jaspere
Dr. Gordon & Margaret VanWylen
Randall Johnson
Rev. Janet Carter
Pete Larson
Judy Jongema
Douglas & Cathy MacLeod
Betty Kleijnan
John & Brenda Coles
Hannah Layle
Timothy & Shirley Layle
David Milhorn
Dan & Lou Ann Gaydou
Douglas & Lois Nagel
Joni & Thomas DeFouw
Julie Anne Nagel
Hazel Paul
Robert Paul
Kristina Sisk
Bob & Sue Nykamp
Robert Stephens
Erica Zarafonetis
Joel Vanderveen
Dr. Theodore & Joan Vanderveen
Jeff Yonker
Robert & Joanne Yonker

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PINE REST FOUNDATION LEADERSHIP

Pine Rest Foundation Mission
The Pine Rest Foundation exists to provide Pine Rest Christian Mental Health Services with financial resources and community support so its ministry of love and healing in Christ’s name can flourish and be enhanced.

Pine Rest Foundation Board of Governors
Peter Baldwin, President
Stephen Wert, Vice President
Jan Winters, Treasurer
Jeff Yonker, Secretary
Mark Eastburg, PhD, President and CEO
Alan Armstrong, MD, Chief Medical Officer
Valarie Mathis-Allen, MD, President of the Medical Staff
Scott Bolinder
Randall Christenson, MD
Sylvia Daining
Honorable Patricia Gardner
Reverend Wes Granberg-Michaelson
LaRissa Hollingsworth
Arthur E. Jongsma, Jr., PhD
Suzanne Keep, PhD
Reverend Ron Kool
Stephanie Leonarodos
John Lichtenberg
Glenn Mitcham
Victoria Proctor-Gibbs
Kathleen Vogelsang
Gary Werkman

PINE REST LEADERSHIP

Mission
Pine Rest Christian Mental Health Services is called to express the healing ministry of Jesus Christ by providing behavioral health services with professional excellence, Christian integrity, and compassion.

Vision
Guided by Mission, we promise a compassionate care experience that changes lives. We support this promise of healing through measurable outcomes and value.

Pine Rest Executive Council
Mark Eastburg, PhD
President and Chief Executive Officer
Bob Nykamp, MA
Vice President and Chief Operating Officer
Alan Armstrong, MD
Vice President and Chief Medical Officer
Paul Karsten, MA
Vice President of Finance and Chief Financial Officer
Tom Elzinga, BA
Vice President of General Services
Valarie Mathis-Allen, MD
President of the Medical Staff
Al Jansen, BS
Corporate Director of Community and Residential Services
Scott Wagner, MSW, MBA
Vice President of Behavioral Health Solutions
Carol VanderWal, MPH
Director of Business Development and Grant Management
Bill Johnson, MS, CHCIO
Director of Information Services
Scott Halstead, PhD
Vice President of Professional Practice Group
Susan Langeland, MBA
Corporate Director of Hospital Based Services
Teresa Newmarch, MPA, CFRE
Executive Director of Pine Rest Foundation
James Rose, MS, MA
Director of Marketing and Communications
Kelly Domagala, BSN, MSN, CENP, RN-BC
Chief Nurse Executive of Hospital Based Services
Bob VandePol, MSW
Executive Director of Employee and Church Assistance Programs
Andy George, MS
Director of Human Resources

Pine Rest Community and Residential Services
Board of Directors
Jan Winters, President
Mary Ann Cartwright
Mark Eastburg, PhD
George Grant, PhD
Al Jansen
Bob Nykamp
Charlie Selmon

PINE REST FOUNDATION LEADERSHIP

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Jan Winters, Treasurer
Jeff Yonker, Secretary
Mark Eastburg, PhD, Ex-Officio
Teresa Newmarch, Ex-Officio
Peter Boumgarden, PhD
Peg Breon
Reverend Tony Campbell
Samantha Howell
Suzanne Keep, PhD
Laurie Murphy
Jim Schipper
Tim Schowalter
Abigayle Sladick
Allen VanderLaan
Gary Werkman

PR Connect
Abigayle Sladick, Chair
Donna Bova
Mark Breon
Danielle DeWitt
Chuck Kierpiec
Kelsey Lamb, MD
Kristin Long
Julie Ann Mulder
Eric Ryan
Amy Sawade
Jason Schemmel
Ryan Slusarzyk
Latricia Trice
Amanda VanEssen
Sasha Wolff
“This past year has changed me for the better. I am learning to love me again and respect who I am. I could not have accomplished this without my care team!”
- A Pine Rest Patient
SHARE THE HOPE.  
STOP THE STIGMA.

When you join one of Pine Rest’s social communities, you’ll be first to know about Pine Rest news and events, learn about the latest mental health news and be inspired by stories about staff, volunteers, patients and people in our communities. And when you share information about mental health, you can help reduce the stigma that often prevents people from seeking help.

Facebook.com/PineRest
Twitter.com/PineRestGR
LinkedIn.com/Pine-Rest-Christian-Mental-Health-Services

“Pine Rest has helped me so much. I never thought I could feel this ‘normal’ again and so quickly.”
– A Pine Rest Patient

“Pine Rest puts me as a person first, then as someone suffering from mental illness—not a mentally ill person.”
– A Pine Rest Patient