5 Things Men Want To Hear

Discover What It Is Men Want To Hear From Women - Get Inside His Mind!
So what do men want to hear?

The things that women need to know most when it comes to male psychology is what men really want to hear, what it is they want women to say that will make them even more attracted, and how to inject humour into a relationship and spice things up so it doesn’t stale or fizzle out.

My usual response when asked “what can I say to a guy to make him like me?” is that there are much deeper issues that need to be addressed before you can think about the small talk; however, there are few things that make men feel much more attraction towards you on a short-term basis.

Below are my top 5 things that a man wants to hear when you’re dating or in a relationship... so use them and play around with them.

1. “That was amazing”

Just having sex with you isn’t enough for a man; if you want to keep him you must make him feel sexually validated. And the best way to do this is by letting him know that he completely satisfies you sexually.

A man wants to hear from what you say that he is everything you need in the bedroom and more. Men’s self-esteem is very highly wrapped up in their sexual ability, so if he doesn’t receive any praise or recognition in this area, then he’s going to get insecure and start to feel less close to you.

There is an important principle here that applies across the board in relationships, which is this: You must praise him when he does things well! So often we take our loved ones for granted and only express our feelings towards them when they do something wrong. But, if you compliment him when he does something well, he’s going to want to please you more.

2. “I really need you...”

Ok, first things first, this isn’t about being needy. It’s about making a man feel needed.

One crucial thing men crave in relationships is to feel like a man. Aggressive women often make the mistake of acting so independent that the men they date eventually become emasculated, simply because they don’t feel like there is anything they are really needed for.
But don’t get me wrong – There is absolutely nothing wrong with independence in itself (a man will be attracted to women with their own life) – But if you never ask for his help with anything, or if you keep talking about how you don’t need a man in your life for anything, he is going to feel completely turned off and emasculated.

It can be as small as him fixing a problem around the house and you saying: “I love that you’re able to take care of things” or if you need a hand getting something done, say, “I really need your help with this”.

See, it doesn’t matter if a man isn’t the financial breadwinner in a relationship, as long as he feels like he takes care of your needs in other ways.

3. ”I believe in you”

Every man needs to know that the woman he is with absolutely, 100% believes that he can do anything he sets his mind to. Even if he doesn’t really believe it himself, one of the most attractive things for a man is just the security of knowing that his girlfriend/wife believes he is the greatest man in the world.

When he’s feeling under pressure or struggling if you say something like ”Well, if anyone can do it, you can” he is going to feel so attracted to you in that moment.

He wants you to be his biggest and proudest supporter.

4. “You look so sexy in that shirt”

Just because you are in a relationship, doesn’t mean a man grows tired of hearing how physically attracted you are to him; in fact it becomes even more important.

It can just be in the form of a text telling him how much you can’t wait to be in bed with him tonight, or by telling him how sexy you find him with his shirt off. These are small touches, but they let a man know that you can’t resist him, which is what really turns him on.

5. And finally... He wants to hear you take an interest in his passions.
Men will love it if you really listen and ask about the things that make them passionate. It might be his career, a particular hobby, or some other interest that is important to him.

But don’t just ask random questions like an interviewer; really let him talk about it and show an active interest if it’s something that he considers a big part of his life. This is going to make him feel much closer to you, as he is sharing something important to him with someone he loves.

So there you have it... an exclusive look inside the male mind. I’d love to hear your feedback and what you think about each point. I’ve got a special announcement coming up in the next couple of days which involves the eBook we’ve been working hard on - so watch this space!
Hi, I'm Jason Rogers and I'm the co-creator of The Monogamy Method, the new digital course for women that is generating a lot of buzz...and a fair share of controversy, too.

Why the controversy? Because this is the first course to blow the lid off of what really makes men cheat, even on women they love.

It's also the only course that provides a proven, step-by-step method which you can use to make your man absolutely and permanently faithful to you, so that cheating is NEVER even a remote possibility in his mind.

Once you use The Monogamy Method on him, he won't have the time or energy to even consider being with anyone else. He'll be far too busy channeling all of his passion into making YOU happy!

The Monogamy Method gives women a set of tips and tools that are designed to make their men CRAVE a totally committed relationship with them—so that they are faithful not only sexually, but also emotionally.

(The thing is, a lot of relationships suffer from “emotional cheating,” where a man begins to develop an attraction to another woman outside of his relationship, and this attraction leads to him forming an emotional attachment to her. Even though he may never have sex with the other woman, this form of “emotional infidelity” becomes toxic to the relationship he is in!)

So, we're going to help you avoid these relationship-killers by
showing you how to get inside your man’s mind (and heart), and make him feel an incredible level of connection, chemistry, trust, and PASSION with you that he has never felt—and will never be able to feel—with another woman.

When you follow the steps that we’ve laid out in The Monogamy Method, it will be as if a “light bulb” suddenly went off inside your man’s head. He will realize just how much you mean to him, and how truly irreplaceable you are.

He will never take you for granted again...

He’ll feel a need to PROVE his love and devotion to you, every day...

And the thought of being with another woman will actually disgust him, because he will never in a million years want to do anything to jeopardize the life he shares with you.
My co-writer Samantha Sanderson and I were inspired to start putting this course together when we read about a fascinating research study that was conducted at the University of Bonn in Germany.

A team of scientists figured out that the chemical oxytocin is the key ingredient that makes men desire a monogamous relationship.

The study included 40 men, all of whom had been in a relationship for at least six months and said they were in love with their partners. They were hooked up to scanners that monitored their brain activity.

Each man was then given a nasal spray to inhale. Unbeknownst to the test subjects, some of the nasal sprayers contained a dose of oxytocin; the rest did not.

Next, the men were shown a series of pictures. The pictures showed attractive women they did not know; attractive women they knew, but were not dating; and their partners.

Among the men who had inhaled oxytocin, when they viewed the pictures of their partners the scanners showed a surge of activity in the pleasure and desire regions of their brains. Their brains did not show this activity when they viewed the pictures of the other women.

Furthermore, the researchers came to believe that oxytocin may actually have a dual effect—by not only making a man’s partner more attractive to him, but also because it deters his interest in other potential mates!

Now, imagine if you knew how to TRIGGER the release of oxytocin in a man’s brain, and it was as simple as pushing a button on a remote control.

Imagine if any time you want, you can say or do something that will literally bathe his brain in “feel good” chemicals, so that you will instantly erase any negative feelings he may be experiencing, and

So, one of the questions that The Monogamy Method answers is exactly HOW you can trigger the release of this chemical, to make a man feel great when he’s with you...miss you when you’re not around...and feel an overwhelming desire to devote himself to you, because he won’t be able to imagine life without you.
Revealing The Secrets Of Men…

For the past ten years or so, I've been giving dating advice to men and helping them work through their challenges. In the process, I've helped many of my students to find the relationships they've been wishing for.

So I can say with confidence that I know a few things about what men are honestly searching for in a partner, and I'm also aware of the “little things” a woman can do to make a man feel a deep, overwhelming desire to commit to her.

One of the interesting things about The Monogamy Method is that the course was developed using insights from men that they would normally never reveal.

I started my own research process by digging through piles of notes I'd accumulated over the years during my countless coaching sessions with students.

Then I reflected upon my personal journals, where I recorded many of the conversations I've had with guys, in environments where men get together and speak the truth to one another. (Gyms, locker rooms and barstools being three of the most important.)

In other words, this is information that men would never normally reveal to you. Even boyfriends and husbands would probably rather keep many of these thoughts to themselves—even though they wish their partners knew this stuff.

In this special report, we're going to give you 7 techniques you can use to not only make your man feel a deep, overwhelming desire to commit himself to you, and to love you faithfully in every sense—but
to feel a *permanent* bond with you that will not fade over time.

In fact, when you start incorporating these ideas into your relationship, his love for you, and his commitment to remain monogamous, will grow stronger with each passing year.

We call this set of techniques “**The 7-Step Commitment Kick Starter.**” You can use them to make a man feel in his heart that he wants a committed relationship with you, or to make a man you’re already in a relationship with feel a more powerful sense of connection, love and intimacy with you—so that his commitment to you grows deeper and stronger.

**The 7-Step Commitment Kick Starter**

After surveying hundreds of men for this course, and having conversations about relationships and commitment with countless others, I have come to believe that there are **seven basic keys** to making a man *want* to commit himself to you.

(As in, you won’t need to have the “commitment discussion” with him. You won’t need to ask him “where this is going,” and you won’t need to apply any pressure. He will *voluntarily* commit himself to you, and you will know he means it—because he will prove it with his actions.)

If you have the following areas covered in your relationship, your man is going to WANT to know that you are his, and he is yours, because you will make him feel like no other woman can.

You will become *irreplaceable* in his eyes. If he is ever tempted to think of what his life might be like if he becomes single again, and he is suddenly “freed up” to date other women, he won’t imagine himself living a life of fun and freedom...
Instead, he will realize how empty his life would be without you—and think of the irreplaceable things he would lose.

So here are the seven keys to “kick-starting” his desire to commit to you:

#1. Be his greatest champion. This means not only being supportive of his goals and dreams, and expressing genuine interest in them, but also being his “cheerleader”—the one person who he can count on to inspire and motivate him, especially when he is doubting himself.

Ben, a 35-year-old from New York who is now happily married to Julie, said “I can recall the exact moment when I went from ‘really liking’ Julie, to knowing I belonged with her. At the time, I was struggling to complete my first book. My dream was to become an author, even though I'd never been paid to write anything and I was working a 9-to-5 job I hated.”

“The other girls I'd dated never showed much interest in my dream. If I mentioned how I was working on a book in my spare time, they might say ‘Oh, that's cool,” or maybe they'd ask me what it was about, but they never took the conversation any further. They just weren't that interested.”

“Julie was the first woman to really express interest. She persuaded me to let her read my manuscript (I hadn't shown it to anyone yet), and when we met for dinner a week later, she gave me lots of thoughtful compliments and even some really good suggestions... obviously she had read every word, and the fact that she liked it meant the world to me at the time. It gave me the confidence to get the book finished and published.”

This is just one example of “being a man's champion.” If you don't know what his dreams and ambitions are, ask him, express curiosity and interest, and encourage him to pursue the goals he has for himself.

(I should add, if you find his dreams and ambitions to be stupid or ridiculous, then I wouldn't suggest trying for a serious relationship with him in the first place!)

If he has hobbies, find out about them, and be inquisitive. Find out why he loves to do these things. If he invites you to enjoy one of his hobbies with him, it will naturally bring the two of you closer together.

This will also give him a chance to show off his skills and knowledge
of something he loves, which is another great way to give him a "masculine ego boost."

These can be small things (e.g. showing you how to play a simple song on the guitar...how to ice skate...turning you onto one of his favorite books, movies, or bands)...or bigger things (sharing his love of travel with you, helping you to start your own business, etc).

On the flip side, as you get to know what really makes him “tick,” and find out about the things he hopes to accomplish, he may express his concerns or frustrations. This is when you can become his cheerleader.

Ron, 34: “I used to try to project an air of ‘invincibility’ to women. I never talked about my problems, since I thought women would see it as a sign of weakness. Instead, I talked about how great my life was going, because I thought that was what they wanted to hear, and most women didn't inquire much further.”

“Then I met Melinda. I'm a business guy, and business is what I love talking about. Even though she didn't come from that type of background at all (she's an artist, actually), she was genuinely interested in learning more about my start-up business because she knew it was something I was deeply passionate about.”

“Anyway, during one conversation, I admitted to her that my start-up business was running into some serious difficulties and I was uncertain about its future. I had never told any of my ‘dates’ about this, because I didn't want them to think I was a loser. But Melinda was very supportive and inquisitive. By talking it through with her, it actually helped me to figure out a plan for moving forward. My business still isn't profitable, but it's slowly getting there...and the really good news is that Melinda and I are now a couple.”

“I guess my point is, I never would have shared that information with her in the first place if she hadn't taken such an interest in learning about me and my work. It really made me feel connected to her.”

Men, by nature, don't like to display their insecurities and vulnerabilities to women. But if he sees you as the one person who understands his hopes, dreams, fears and challenges, and motivates him to achieve things and become a better man, he will feel a unique bond with you.
#2. Let him be a man, and praise him for his masculinity. It's a wonderful and empowering thing to know that you are a strong, confident, independent woman. But there are times when you should allow yourself to be “weak” around a man, in order to let him demonstrate his masculinity.

This is the role he wants to be able to play. In fact, it's the role he was born to play, from a biological standpoint. Yet a lot of guys in today's world silently suffer in their relationships because they just don't feel they are needed as MEN.

As you probably know, testosterone is the male sex hormone. It's the essence of his “manliness.” When a man has high testosterone, he is brimming with vitality and confidence, ready to conquer any challenges in his path (and to ravish his woman in bed!)

And when a man's “T-level” is low, it makes him sluggish, mentally unfocused, and depressed. (It can also kill his sex drive.)

But did you know that as his lover and partner, you play a role in how healthy his testosterone levels are? It's true. When a man feels respected and admired—when he feels manly, basically—his T-levels rise. And when he is made to feel weak and small, his levels decrease.

Therefore, the better you make him feel about himself as a man, and the more you boost his male ego, the more confident, happy and virile he will be—which results in him appreciating you immensely. You become his “feel-good drug!”

One thing that makes a man feel good about himself is being able to step in and use his “manly abilities” to help you, or to make you feel safe and protected.

Remember, when he feels good about himself in your presence, he'll naturally want to spend more time with you. You become his #1
source of confidence, self-worth and happiness.

On the other hand, when a woman is a “know it all”—when she thinks she has the answers to everything, and would rather handle everything herself—it makes a man feel diminished and unimportant. You're not giving him a chance to play the role he was born into this world to play: a protector and a problem-solver.

(A humorous side note: I saw a rather miserable-looking couple strolling down the street together the other day. The guy was wearing a tee-shirt that said “I Don't Need Google. My Wife Already Knows Everything.” Funny, but this is how a lot of guys actually feel deep-down!)

Remember, every man wants to be praised for being manly.

This can be as simple as asking him to use his strength to twist off the top of a jar, and then saying to him, “You're so strong” and giving his arm a squeeze. Any time he demonstrates some masculine strength, you can take this opportunity to praise him for it.

Or the next time you're walking somewhere together, curl your arm around his and give his bicep a squeeze. Tell him, “I love feeling your arms, it makes me feel safe.”

He may downplay it (especially if he isn't the type of guy who pumps iron at the gym), but I can assure you, his male ego THRIVES on these simple compliments.
#3. Make him feel like he’s the BEST you've ever had in bed.

It’s extremely important that you make him feel like a stud during your lovemaking. There is no more powerful way to plug directly into his “caveman brain”—and set off fireworks—than to praise him during (and after) sex, and make him feel like he satisfies you like no man can.

You don’t need to be kinky and adventurous in bed during the early stages of a relationship. This can come later, if it's something you both want to explore.

What IS important is that you make him feel that he rocks your world sexually. That you find him sexually irresistible. That he is your Alpha Male in the bedroom.

He isn't expecting that you haven't ever had sex (and perhaps good sex) with another man. What he’s hoping is that he gives you an experience that is beyond what you've ever felt with another man.

I spoke with a male friend of mine named Jason recently, while doing research for this course. He made an interesting point about men and porn:

“When guys watch porn, they generally aren't focusing on how ‘hot' the actress is. They're focusing on how she is responding to the sex. Guys get massively turned on by seeing a woman in the throes of sexual pleasure. In their fantasies, guys aren't just imagining being in bed with that woman...they're imagining themselves giving that woman that level of pleasure.”

Several other male friends of mine confirmed Jason’s theory on why guys watch porn (and even become addicted to it).

Keep this in mind: the greatest turn-on for a man is not seeing a
beautiful naked woman laid out in front of him. *It's knowing that he pleases her sexually.* And ideally, not just pleasing her— but giving her an out-of-this-world orgasmic experience like she has NEVER had with another man.

This truly is the “ultimate rush” for a man, and it releases a surge of pleasure chemicals in his brain that are more powerful (and even more addictive) than most drugs.

Bottom line: Want to get him addicted to you? Make him feel like your personal Sex God.

When you make a man feel this way, you will have control over his *Erotic Obsession Switch.*” He will be the one woman he is sexually obsessed with, and you'll be able to turn him on—and have his complete attention—at a moment’s notice.

*Click Here And I'll Show You How To Be His LIFETIME Obsession!*

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**#4. Initiate sex sometimes.** This is not a sex manual, so we're not going to get into the down-and-dirty specifics here, but it's a huge turn-on for a man when you “make the first move.” It is a sign to him that you find him sexually irresistible, and it is the fantasy of every man to be sexually irresistible to women.

Besides ripping his clothes off and crawling on top of him in bed, you can “initiate” in smaller ways. Stroke his thigh and let your fingers wander “below the belt” the next time you're together in the darkness of a movie theatre.

The next time you're out together, surprise him with a deep, passionate kiss. Whisper something naughty in his ear about how you can't wait to be alone with him tonight.

**#5. Be a giver, not just a taker.** I'll begin this point by stating my
feelings on the age-old “who should pay” question (“should the guy always pick up the check for the dates, or should the woman offer to chip in?”)

My answer is, the man should pay. On a first date, the woman shouldn’t even need to offer to split the bill. If he invited you out, it’s his duty to pay, and any man worth dating (or marrying) is going to gladly do so.

On the second date, offer to pitch in. And be genuine with your offer. (Don’t just say “Do you need some money?” When the check arrives, you should actually reach into your purse and say “Let me help with that.”)

He will probably insist on paying (as he should), but he will appreciate the fact that you genuinely offered to contribute. This is something men will never tell you, but it’s the truth.

Male friends of mine have privately complained to me that their girlfriends (or women they are only casually dating) are too liberal when it comes to spending their money.

Take Bradley, 38, for example: “I consider myself to be a pretty generous guy, and I would never dream of having a woman split the bill with me when I take her out. That being said, I appreciate it when a woman respects the fact that I’m paying, and doesn’t put me in an uncomfortable position.”

“Don’t order the most expensive item on the menu. If we’re having drinks at a bar, don’t order $18 shots of the priciest tequila. Actually, if we’re at a bar, don’t order a whole bunch of drinks—period. Not only do I want to avoid racking up a $150 bar tab, I also don’t want to deal with babysitting you when you’re sloppy drunk.”

“And if I’ve taken you out for meals and drinks for our first few dates, I would appreciate you suggesting something simpler and lower-cost for our next date. Suggest that we meet up for coffee at your favorite café. Or go for a hike on a Sunday afternoon. Better yet, invite me over and cook me a meal. I know I’m not the only guy that starts to resent it a little when we feel like every time we meet up, I’m obligated to spend a bunch of money.”

Being a “giver” can take many forms. It doesn’t need to involve spending any money at all.

If you visit him at his place, and he’s like most unmarried guys and doesn’t exactly maintain a tidy home, give him a hand. Wash the
dishes that are piled up in the sink. Grab a broom and give the floor a quick sweeping.

If he's been living on a typical “bachelor diet” of take-out food and microwave dinners, pick up some groceries and cook him something special. These small gestures show him that you care about his well-being and that you are someone who will improve the quality of his life, not just diminish his bank account.

#6. Have your own life outside of the relationship. This is another big one. I was absolutely guilty of breaking this rule in my relationships when I was younger. And I still see my female friends breaking this rule all the time.

Like my friend Marcy. She’s a highly educated, smart and successful woman. But every time she starts dating a guy, the relationship becomes her obsession.

She talks about her new boyfriend constantly. She wants (and expects) to spend all of her free time with him, regardless of what else he may have going on in his life.

You can probably guess where this is going. After a period of time—sometimes a few weeks, sometimes after six months—the “love of her life” begins to get unusually “busy” and begins making excuses about why he can't see her.

These guys never tell Marcy why they've lost interest, but it’s safe to say they feel smothered. It’s hard for them to respect a woman who seems to have no life outside of them, and it’s virtually impossible for them to miss a woman who is constantly checking in on them and wanting to see them.

I know how difficult it can be to exercise restraint, especially when you're in a new relationship and you're crazy about the guy and
envision a future with him. But if you want him to respect you and miss you when you're not with him, you need to have a life outside of him.

#7. Get along with his friends. This last point is huge. Men are just as sensitive as women are when it comes to being judged by their friends. It is very important to him that his friends perceive you as a “cool chick” (to use guy-speak), rather than seeing you as a hostile presence who is trying to separate them from him.

When you pressure him to spend less time with his friends, the word will get around that he's “whipped.” No man wants to be teased by his buddies about being “whipped” by his controlling woman. (They'll often try to laugh along with their friends' jokes, but inside, they hate being looked upon as a “whipped” guy. It screams “weakness.”)

On the other hand, every guy feels thrilled inside when his buddies compliment him on how “cool” his girlfriend is, and happily include her in group activities—whether it's for a weekend camping trip, or a night out at the bar.

So how do you become the “cool chick” who earns the respect and appreciation of his friends? Simple: you express genuine interest in them, just as you have been expressing genuine interest in your man.

You don't glue yourself to your boyfriend's side, clutching his hand and staying silent while he carries on laughing and joking with his buddies.

You get to know them. Joke around with them. Find out if they're in relationships. How long have they been dating? How did they meet their girlfriends? What do they do for a living? Encourage them to tell you more.
If one of his friends tells you he's down in the dumps after a breakup, or trying to turn some girl into his girlfriend, offer some “female advice.” Guys love this!

Basically, what a guy really wants to feel is that behind his back, his friends talk about how “lucky” he is to have you.

(Do you think women are the only ones who love to indulge in “relationship gossip?” When a group of guys get together, one of the most popular conversation topics is ragging on the lousy relationships of the guys who aren’t present!)

NOT getting along with a guy’s friends is one of the fastest ways to drive a wedge between you and him. He may have one friend in particular who you really can’t stand. You might think his friends are a bunch of drunken skirt-chasers. But you have to make the effort to be cool with them, and don’t criticize them when the night ends and you’re alone with your man.

If your man feels that he can “co-mingle” his friends with you, without there being any drama or negativity, it will make it that much easier for him to picture a future with you.

Sometimes, he will have a friend (or more than one friend) who you genuinely cannot stand, or who you think is a negative influence on him. If so, there is an appropriate time and place to talk to him about it. It’s not when you’re all out together as a group, and it’s not after the first time you meet them.

Once he has a strong desire to be committed to you, you can “suggest” that he spend less time with Jeff, the alcoholic womanizer. Or Tim, the pothead loser. Or Mike, who always drags your boyfriend into his problems and needs to borrow money.

But if you are critical of his close friends too early in the relationship, he may think you’re forcing him to choose between you and them. This is a position no guy wants to be put in, and he may think that you’re the one who has issues, not the guys he has been hanging out with for years.
This was a short preview of the more than 101 secrets and techniques that are revealed inside The Monogamy Method.

Inside the full course, you'll also discover:

- **“Bonding Anchors”** – You'll learn step-by-step how to create an emotional and physical bond with him that literally makes him become addicted to you...
- The **“Monogamy Goggles”** technique (use this on him, and he'll only have eyes for you...any thoughts he might have about other women will cease to exist!)
- **The 10 Deadly Relationship Sins** (you're probably committing at least one of these sins right now, without even realizing it... and it's one of the “hidden reasons” why you're not 100% thrilled with your romantic situation at the moment...)
- You'll even discover a technique called **“The Teenage Crush Trigger”** that is practically a form of “male mind control,” because it automatically turns any man into the equivalent of a lovestruck, hormone-crazed high schooler, lusting for the girl he has a crush on...but now, that girl he lusts after will be YOU!

And that's just the tip of the iceberg. The Monogamy Method is helping thousands of women around the world, from all backgrounds, to enjoy happier, healthier and more intimate and passionate relationships with the men they love.

=> Click Here To Discover The Monogamy Method

You can view the whole course on your computer or mobile device just moments from now, and you're risking absolutely nothing because you're covered by a 60-Day Money Back Guarantee.

You *don't* want to miss out and live the rest of your life wondering “what if...”
So what if you took the chance to try something *different*, instead of listening to the same old advice that hasn't gotten you the results you want and deserve?

What if just moments from now, you had the power to attract the man of your choice and make him feel bonded to you, and loyal to you, the way he's never felt towards another woman?

You have the power right now to literally change your life and “lock in” the love life you've always wanted with one simple click.

You're ready to make this change.

I know it.

You know it.

Now it's time for the man of your dreams to know that he will be **forever faithful** to you.

[Click here to get started](#), and make this change today.

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THE PENGUIN METHOD PRESENTS:

Instant Infatuation Formula

BY SAMANTHA SANDERSON

Because True Love Lasts Forever
The Penguin Method presents:

The Instant Infatuation Formula: How To Use “Seductive Conversation” To Make Any Man Desire and Obsess About You

Hi, this is Samantha Sanderson from PenguinMethod.com and in this handy little guide, I’m going to teach you how to make a man feel instantly infatuated with you—simply by using some simple (but strangely effective) conversation techniques, and using your “feminine charms” in some clever ways.

Use the information in this guide the next time you’re chatting with a man, and you can install feelings of attraction, desire and even lust into his subconscious mind. (Don’t be surprised if he starts missing you and obsessing about you whenever you’re not around!)

It doesn’t matter if it’s a guy you just met, or someone you’ve been in a relationship with and now you want to get him to commit to you 100%. This information has been proven to trigger feelings of burning, overwhelming desire in the minds of men—even guys who seem emotionally “closed off,” or seem “scared” of commitment, or haven’t seemed romantically interested in you...until now.

These techniques come to you from “The Penguin Method,” which is a very popular new course that is helping thousands of women around the world to meet and attract the type of men who will love, appreciate and adore them forever.

Why is it called “The Penguin Method?” Well, because penguins are one of those rare, wonderful species that mate for life. Our goal is to give you this same success with a loving, devoted partner who adores you from the
bottom of his heart (and will actually love you more every day—and constantly find new ways to prove it!)

Now, some of you ladies reading this guide may already have active social lives. You regularly go out to social environments where there are available men for you to interact with. If so, terrific—you’re one step ahead of the game.

If you’re not going out and socializing, it’s time for you to get out of the house and start getting more proactive about solving your love life. In order to catch yourself a penguin, you’ve got to put yourself in positions to meet them. It’s as simple as that.

If you’ve got any single girlfriends, organize some outings with them. Share with them what you’ve been learning from this book. Tell them that over the next 30 days, you’re going to go out together, explore some new places, and meet some great men. Even if you don’t wind up meeting Mr. Right on your first few tries, you can still go out and have an enjoyable time and a lot of laughs with your friends.

This doesn’t just mean going to bars, nightclubs, or parties. You have opportunities to meet men every time you leave the house. The key is for you to start using these opportunities instead of letting them pass you by.

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BREAKING THE ICE

Here’s the thing: Women are always hoping that a man will make the first move. And a lot of the time, guys will—but there’s no rule that says you’ve got to wait for him to do it.

I’ve approached guys before. Not just at bars and parties. I’ve struck up conversations with cute guys at the gym. At Starbucks. At the dog park. In the elevator at my office building.

I’m not trying to imply that I’m constantly “on the prowl” for a man. But if I’m sharing an elevator with a handsome guy who doesn’t have a ring on his finger, and we’ve made friendly eye contact,
what’s stopping me from starting a conversation if he won’t?

(I’ll explain the probable reason why men won’t start a conversation in a moment...)

Usually, I break the ice by simply paying them a compliment. Stroke their ego a little bit. What man doesn’t appreciate this, coming from a friendly woman?

(at my office building) “Pardon me, I love your tie, that’s a great color...”

(at the dog park) “Your dog is adorable, is that a Shih Tzu? My friend is thinking about getting one, how are you two getting along?”

(at the gym) “Hey, I noticed you in the spin class earlier. What do you think of the instructor?”

When it comes to making the first move and starting a conversation with a guy, keep this in mind: just because HE doesn’t make the first move does not mean that he’s not interested.

It’s WAY scarier than you think for men to come up and talk to you. Even for guys who are “hot!”

Think about all of those times when a guy has walked up to you in a bar and tried a lame chat-up line. Your immediate reaction is to roll your eyes and think “not again.” But it has taken him a lot of courage to even come over and talk to you.

Women can be so quick to assume that guys are all “on the hunt” and just out for one thing. They assume that guys approach women and try to strike up conversations all the time.

But for a man, the idea of coming over to you can be scary! Most men are not nearly as confident as women as they may pretend to be. For a lot of guys, the thought of approaching you can be close to terrifying.

Even guys who are exceptionally good-looking often have no idea WHAT TO SAY to an attractive woman to break the ice. They’ve been rejected before. Every guy has. And it’s a harsh blow to their
ego.

So the next time a guy comes up to you, think about this and give him a break. Of course, there will be some guys who are beyond help, and I’m not saying that you should waste an hour of your life chatting with a man who you wouldn’t consider dating in a million years. But at least humor them for a few minutes and politely excuse yourself.

You wouldn’t want your Mr. Right to be afraid to walk across the room to talk to you, due to him being rudely blown off by another woman five minutes ago. *Men are extremely sensitive about this.*

As a result of this fear, a man will try and come up with all manner of reasons as to why he should *not* come over to talk to you.

So how can you help him out here? For starters, you can make eye contact with him and let him see that you are interested. Give him a friendly smile. If he comes over to you, introduce yourself. If he seems a bit unsure of what to talk about, lead the conversation. All you need to do is make an observation about the party you’re at, the music that’s playing, or anything else pertaining to the environment.

Women are caught up in the idea that if they show a man they’re interested, then he might think they’re cheap and easy.

But seriously, giving a guy a little help at this stage will make him appreciate you and *like* you. If you can put him at ease and make him feel comfortable, he’ll want to talk to YOU at the expense of meeting other women. This is especially true in social situations like bars, clubs and parties, where any single guy who’s not already talking to a woman is feeling some pressure to meet one.
When you’re out with friends, it’s even more intimidating for men who want to walk up to you and start a conversation. Whether you’re out at a bar partying with your best girlfriends, or sitting at a table at a restaurant, he sees it as more people to possibly witness the humiliation if he approaches you and gets shot down.

So if you’re out with other people, and you see a guy who seems like he might be interested in meeting you (i.e. he keeps looking in your direction), take some time away from your friends to give him an opportunity to talk to you without your friends listening in.

You don’t need to make a big deal about it. You can simply head to the bathroom and then go and get yourself a drink from the bar. If he has been watching you and wants to say hi, he has the opportunity now, but help him out—look over at him, make eye contact, and give him a friendly smile, so that he realizes that you’ve noticed his existence and are open to a conversation.

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GETTING YOUR “OVER PROTECTIVE” FRIEND IN LINE

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Even when you do have guys approaching you, some women have a friend who plays the role of her “protector” (even though she hasn’t been asked to).

You know the type. She’s the “Alpha Female” who feels she has to “protect” her friends from random men who are, in her mind, only looking for one thing.

Part of you has always wondered whether or not she is jealous of you and actually wants to destroy your chances of finding love. And if this is NOT the case, you wish you just had the nerve to tell her to back off and leave you be once in a while.
More often than not, this “friend” is quick to leave you on your own when a guy approaches her and asks her to dance, but when the shoe is on the other foot—and she’s in danger of becoming the “third wheel” in the conversation—she does her best to get between you and your admirer.

Only YOU can handle this. The right way to handle it is to let your friend know that you’re looking to possibly meet a fun guy tonight. Tell her not to worry, you’re a big girl and you can handle yourself, so if you see a guy you want to talk to you’ll give her a nod to let her know “it’s ok.” And at that point, you’re going to want some time alone with him to chat. Tell her you’ll do the same for her.

Understand that if a guy sees you with a “protector,” it may seem like a hell of a challenge. He already has reasons racing through this mind as to why he shouldn’t approach you. This will give him a reason to cancel the whole idea.

So you understand how big a deal it is for him to come over and talk to you, what do you do when the ice has been broken?

As I mentioned earlier, men are suckers for compliments. They receive them far too rarely from women. We’ve been conditioned to think that men should be the ones handing out compliments and trying to flatter us, and we should play “hard to get.” But men are tired of playing this game!

If you’re sensing some chemistry with him, compliment him. On his sense of style. On his haircut. On the fact that he’s in good physical shape. On his sense of humor.

*Men are not used to being complimented by women during the initial conversation—normally, they feel the burden is on THEM to compliment the woman. So compliment him and show interest in a unique aspect of who he is and what he’s all about. He will deeply appreciate you for it.*

CREATING CHEMISTRY THROUGH CONVERSATION

Remember, these days it really is okay for you to initiate a
conversation with a guy who catches your eye. If you can make eye contact with him and exchange a smile, that’s all the reason you need to open the conversation.

So let’s say you’ve gone over to him, or he has come to you, and now the two of you are talking. This is great progress, when you think how many other potential couples have probably missed this opportunity.

Have you ever experienced a scenario where you meet someone, and within moments you feel as if you’ve known them forever? The chemistry is off the charts. You might even feel that you were destined to meet this guy.

These situations, however, are uncommon. More often than not, you’re going to need to use some tact in order to keep the conversation flowing, so that he feels comfortable and interested in sticking around.

Keep in mind, though: if you DO feel a sense of “instant chemistry” and the conversation is flowing effortlessly, and you believe he might possibly be the “soul mate” you’ve been waiting and hoping to meet, you’ve still got to be tactful.

DO NOT give everything to him in one sitting. As “right” as it may feel at the time, it usually won’t work out in your favor if you dive into a long conversation about deeply personal or upsetting topics.

I mentioned earlier how talking about exes and past relationships is not a good idea during this early stage of getting to know someone. It’s also a mistake to get into a long talk about your desire to get married and have children—even if he (says he) feels the same way.

You do want to maintain somewhat of an element of mystery.
Besides, if you lay all of your cards on the table during this first chat, what’s there to talk about on your first (or second) date?

So let’s have a frank look at what you should, and shouldn’t talk about at the very beginning.

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**WHAT YOU SHOULD TALK ABOUT**

Before I suggest some conversational topics, keep this rule in mind: the main purpose of this conversation is not for you to tell him all about you. It’s for you to encourage him to talk about himself.

When he opens up and reveals things to you that matter to him, it creates a bond. *Good listeners are few and far between in this world, and when someone seems genuinely interested in us and is an attentive listener, we naturally want to be around them.*

**NOTE:** You may encounter men who enjoy talking about themselves TOO much. If he simply will not shut up, or his tendency is to “brag” rather than “share,” then by using these techniques you’ll find out very quickly if he’s a guy you can’t see yourself dating.

Here’s an interesting technique to use. My friend Dean Cortez, the popular dating coach for men, studied the tactics used by Hostage Negotiators in order to come up with strategies for “emotionally connecting” with people.

(You’ve seen Hostage Negotiators before, in the movies and on TV... when the bad guys are holed up with a bunch of hostages, or someone is standing on the roof of a building and threatening to jump, a Negotiator gets called in to talk to them and get them to surrender peacefully.)

Negotiators are highly trained in conversational tactics that are designed to quickly create an *emotional connection* with the other person. One technique Dean told me about, which is great to use when you’re chatting with men, is to use what are called “Minimal Encouragers.”
MINIMAL ENCOURAGERS

These are simply short phrases which you’ll say while the other person is telling you something about himself. Minimal Encouragers are designed to show that you’re listening, and that you’re interested and want them to continue.

Examples:

“That’s so interesting. Tell me more.”

“Wow, I never knew that. How did you learn about that?”

“I feel exactly the same way…”

“You and I are really on the same page, I couldn’t agree more…”

And now, you’re encouraging him to continue talking. You’re not jumping in with your own thoughts or your own stories.

As for how you get him to start talking about things that matter to him, we’ll give you a big list of questions in a moment that are excellent for sparking conversations and keeping them flowing.

THE PASSION PRINCIPLE

My friend Dean often tells his male students that one of the most attractive qualities a guy can possess—and display to women—is PASSION. There is a difference between your hobbies and interests, and the things in your life that truly inspire you.

By mentioning things you are passionate about, you set yourself apart from the average person, whose lives are a monotonous routine. Nothing really gets them excited.

Obviously, it isn’t particularly enjoyable to be around these kinds of people.

So during the conversation, you can find ways to get him to express his own passions (which are things men LOVE to talk about), and then express some passions of your own.

Here’s an example of something fun you could say, to get him
talking about his passions:

“The other day, the craziest thing happened. My friend Sarah bought a ticket for the Powerball lottery—the jackpot was like $100 million—and when they announced the winning number, her number was off by only one digit. The very last digit! For a few seconds she thought she was actually going to win all that money. So we got to talking afterwards about what we would do if we won the Powerball...what do you think? How would you spend your days if you had a hundred million bucks and never needed to work another day in your life?”

If he answers with a joke (as guys often will), share what it is YOU would do if you won the lottery. Have something interesting to say. Would you buy an apartment in Paris and take up painting? Would you move to an island in the Caribbean and write a novel? Would you start a charitable foundation? Your answer will prompt him to “get real” and talk about how he really would spend his time, if money was no longer a concern.

In a moment, we’ll give you a whole list of other questions you can ask to keep him sharing with you, and having fun with the conversation. But first, let’s look at the things that you should definitely not talk about during this early stage.

WHAT YOU SHOULDN’T TALK ABOUT

As I said before, you want to avoid long-winded discussions about your ex. It’s a radioactive topic. Furthermore, don’t say anything negative about any of the men you’ve been with in the past.

He might bring up the subject first, by making a sarcastic comment about his ex-girlfriend or ex-wife; this does NOT mean you know have the right to tell him a story about your ex-boyfriend slept with one of your friends.

Men AND women judge each other on how we talk about our exes. Maybe we don’t do it consciously, but we judge each other on this just the same.
If you talk about how your ex-boyfriend cheated on you, he’s might think,

A) That you have a history of dating jerks (which diminishes your value in his eyes), or
B) There’s something wrong with you that MAKES men cheat on you!

If you mention how your ex was a loser, in his mind, you must not be much of a prize yourself. Why else would you date such a man?

Think about it if the situation was reversed, and a guy you just met started telling you how his ex-girlfriend was a lying slut. He’d lose some points with you, wouldn’t he? After all, what kind of guy would get mixed up with a lying slut?

EMOTIONAL CONVERSATION CONNECTORS

Right from the start, you should aim to set yourself apart from the other women he has dated. One of the most powerful ways to do this is through compelling conversation.

You know how women are fond of talking about “chemistry?” We dream of meeting a guy and it feels like the two of us have known each other forever, and getting together with him feels like “destiny.”

Well, men also love the idea of “chemistry.” As we talked about before, the typical guy has plenty of his own challenges, frustrations and pressures on the dating scene. One of the biggest pressures a guy feels is to have to carry the conversation the whole time.

Think about what he’s up against...
- There’s some unwritten rule that says HE is the one who has to approach the woman and “break the ice” by saying something witty.

- HE is the one who needs to figure out how to get her phone number, without seeming too bold, and without scaring her off.

- And if he’s lucky enough to get her to agree to go out on a date with him, he’s the one who has to choose the location, arrange everything, and make sure she feels comfortable and has an enjoyable time. He will feel pressure to keep the conversation flowing, since one of his biggest fears will be the dreaded “awkward silence.”

Therefore, if he meets a woman who makes him feel as if they share a connection—AND she takes the “conversational pressure” off of him, by having interesting things to say, and interesting questions to ask—believe me, he’s going to want to spend more time with that gal!

Chatting with him about these questions can accomplish multiple things:

**You’re creating chemistry with him.** He gives his answer to your question, then you share your own answer. The two of you are now sharing on a very personal level—a level that is way beyond any conversation he’s had recently with a woman he just met.

**You’re getting to know him in a deeper sense.** You’re learning what makes him tick. Hopefully, as he answers your questions and shares his thoughts and feelings, you’ll get the feeling that the two of you will be compatible. (If you get the sense that the two of you WON’T be compatible, then it’s better for you to find this out now—rather than weeks or months from now, when you’ll have wasted your time on a relationship with a guy that isn’t going anywhere!)

**You’re distinguishing yourself from the other women he normally meets.** He will see you as someone he can share his thoughts, emotions, dreams, and fears with. He will look forward to his conversations with you, because you understand him in a way that most other people don’t.
When you share your thoughts on the question, and talk about your own hopes/dreams/fears/feelings, it’s an opportunity for him to understand YOU on a deeper level. You can mention how you’re ambitious about a goal. Or passionate about a cause. Or how much you value your family and friends. It can create an opportunity for you to mention a talent or an accomplishment you are proud of, or for you to talk about the things in life that inspire you.

These questions can be gateways to amazing conversations. (Just be sure what when you ask him one of these questions, you have your own answer ready to discuss!)

**The Questions:**

What’s the one thing you like about yourself the most?

Do you have any phobias? Is there something that totally scares you that you might not want to admit to everyone?

What was the happiest time in your life?

Do you have a passion or a goal for yourself, that you don’t usually tell other people about? What is it?

If I could wave a magic wand and give you any talent that you currently don’t have, what would it be?

What are the challenges in his line of work / what he excels in / his likes / what he doesn’t like about his job?

How do you think your best friend would describe you?

What was your first childhood memory? (If it’s positive, encourage him to share more about it)

What was your best memory from high school? (If it has something to do with a childhood crush/relationship, you know he’s got a strong romantic side)

Do you remember the first time you fell totally in love? How did it happen?

What are three words you would use to describe your mother?
Can you give me at least 3 pet peeves of yours?

Who do you consider to be your closest friend? (Then, ask him to describe his relationship with that person)

Are you fond of collecting anything? (If so, ask him what got him interested in collecting that)

If you could hang out with any celebrity in the world for one whole day, who would you choose to hang out with?

What are your top three favorite movies of all time?

What comes to your mind whenever you hear the word “fun?”

What motivates you? (Use this one if he’s an ambitious guy)

What’s the naughtiest thing you’ve ever done?

What was the strangest thing you have ever eaten?

We all believed in something strange when we were young, like Santa Claus or the boogeyman...what was the strangest thing that you believed in when you were a kid?

What’s the most humiliating thing you have seen someone do?

Do you know how to cook? What cuisine can you cook? What’s your favorite food?

If you had to choose, what is one of your guilty pleasures that you would never be willing to give up?

What is the most enjoyable sound you can think of? How about the most annoying sound?

Who has always been your hero in life?

If you were to describe yourself using only one sentence, what would that sentence be?

If you could be any animal you wanted, which one would you be?

Would you consider yourself an extrovert or an introvert?
Are you more of a feeler than a thinker?

Are your closest friends males or females?

Are you always punctual or are you always “running late?”

Are you what people would call spontaneous, or do you do things out of habit? How about giving me an example?

What have you read that has made the most impact on how you see the world?

Are you high maintenance?

Do you like to push yourself to try new things?

Do you keep only a special friend or two, or do you have a big circle of friends who you can count on?

Do you believe in any superstitions? If you are, what kind of superstitions do you believe in?

If you were asked to describe your dad and mom using only a single word, what word would you use?

What is the one thing that you regret losing and wish you still had?

What do you usually think about when you daydream?

Do you love taking risks? Why or why not?

Would you lie to please a lot of other people, or tell the truth and risk annoying them?

What was the last challenge that you faced in life? And what happened?

Do you like to be always in control?

Are you a perfectionist?

Are you an expert at anything? What would that be?

How open-minded are you?
Are you more of a physical or verbal person?

Do you consider yourself a morning person, or a night person?

What do you consider to be your best quality?

What would you prefer, to look good or to feel good?

What irritates you the most about women?

What do you adore most about women?

What does having a good time mean to you?

Whenever you experience something amazing, who is the first person you want to talk to about it?

Who is the first person you turn to when you really need help or support?

What’s your idea of the best way to chill out? What do you do when you want to totally relax?

HYPOTHETICALS

Now let’s talk about another type of question you can pose to your penguin-to-be: Hypothetical questions.

These can be a LOT of fun.

As with the other questions we listed earlier, a good Hypothetical will accomplish a number of things. First, they’re a great way to inject some fun and energy into the interaction.

Second, they are an excellent means of gathering information on how he thinks (and his ability to be thoughtful and intelligent).
Third, they allow you to highlight your own best qualities and tell him the qualities you value in a man. Instead of stating these things outright, Hypotheticals allow you to plant seeds in his brain that work in your favor.

A good Hypothetical will make him smile and think, open a whole new conversational gateway, and prompt him to reveal things about himself. Then, when you give your own thoughts on it, you can reveal a positive quality of your own.

**Hypothetical A: The Dinner Party**

“OK, so let me ask you this,” you say to him. “If you could have a dinner party and have any three famous people show up, whether they’re alive now or they’re from way back in history, who would they be?”

Get him to explain why these three people are significant to him. What is it about them, exactly, that he finds fascinating?

After he finishes explaining his choices, it’s your turn to give your own three picks. Make sure you’ve done your homework before you use this Hypothetical. You should already have several answers prepared, with reasons to back them up.

You shouldn’t have to be disingenuous and name people you aren’t actually interested in, just for the sake of trying to impress him. Come up with people who you genuinely find fascinating and would want to share a meal and perhaps a bottle of wine with.

**Hypothetical B: Cops At The Door**

Loyalty is a quality that women and men should both take seriously. Here is a clever Hypothetical that allows you to A) gauge how important loyalty is to him, and B) establish that you are loyal person.

This Hypothetical should be used once you’re deep into the conversation and he feels comfortable with you (don’t spring it on her five minutes into the conversation).
“Let me run this by you,” you say with a sly smile. “It’s a hypothetical situation.”

“You’ve been dating a girl for a few weeks, and you really like her. One night you’re at her house having dinner with him, and a police car pulls up outside. The girl suddenly jumps up and says to you, ‘Tell them I’m not home.’ Then she runs into the bedroom and hides in the closet.”

“So the cops come knocking on the door. You answer. The cops ask you if she’s home. What do you do? Do you lie and say she’s not home? Or do you point them towards the closet?”

Guys will reveal a lot about themselves by the way they answer this question. If he says “I’d cover for her,” you know that he holds loyalty in high regard. When he cares about someone, he has their back, and he’s passionate about the women he loves.

Therefore you need to play up how important these qualities are to you. Give a reply along these lines:

“That’s interesting that you would say that. Because honestly, if you flipped the situation, and I was dating you and I was the one answering the door...I would have to cover for you. Loyalty is at the top of my list.”

Or, he might give the opposite response to your Hypothetical: “I’d tell the cops that she’s in the closet! I haven’t known the girl that long...what if she’s a murderer or something, and she didn’t tell me?”

In this situation, you can give a reply that makes him feel the two of you are on the same page: “I respect what you’re saying. You believe in honesty, and if this girl wasn’t being straight with you about herself, and what she’s involved in, then there’s no reason for you to cover for her. I also believe in honesty, I think it’s very important.”

Hypothetical C: The Million Dollar House
Another provocative question you can pose: “OK, check this out. If I was to give you ten million dollars to build your dream house, but you had to build it out of either wood, glass, or concrete, which material would you choose? And be careful how you answer...because it’s going to say a lot about the type of person you are.”

The purpose here is to learn more about his personality. It also allows you to tell him how much you value certain qualities in a man.

Once he gives his answer, compliment him on it. Whether he chose wood, glass, or concrete, say “that’s exactly what I thought you would say.” Now you’ve got him intrigued (and you even seem a bit telepathic!) When he asks why, explain to her what his answer means about her. He’ll be hanging on every word.

If he says “glass,” tell him it means he’s an open book. He’s not afraid to reveal himself and her emotions. He has a wide circle of friends. People like to be around him because he is outgoing and expresses his feelings.

If he answers “wood,” say it means he has a creative or artistic side. Even if he doesn’t have any creative or artistic hobbies right now, you can tell him that he does have these talents—it’s just a side of him she isn’t expressing.

Men will usually agree with this assessment, because they all like to think they have an artistic or creative side—whether it’s a hidden interest in writing, drawing, music, filmmaking or architecture, or the way they express themselves through their clothes and style.

If he answers “concrete,” this is a person who needs to feel secure and puts a big value on stability. “Basically, it means you’re very concerned about security,” you tell him. “Not just your security, but the people close to you. And you want stability in your life. I do, too, so I can definitely appreciate that answer.”

(Most men who pick “concrete” have security issues because of an
unstable childhood that involved divorce, or moving around a lot, or two parents who fought a lot.)

All of these interpretations are broad enough that they apply to most men. But you should always be ready with a further explanation in the event that he disagrees with your interpretation. If he chooses glass, and you tell him he’s an open person, he might say she’s not: “Actually, I keep my feelings locked up inside usually. It takes me a while to open up to people.”

To this, you could say “but I can tell that you want to be more open. You want to let more people into your life, but something is holding you back.” Now let him respond. A gateway has just opened to a very personal, intimate discussion.

Likewise, if he chooses wood but tells you he’s doesn’t have a single creative bone in his body, you can say “but I can tell you’ve got a creative side you haven’t really explored.”

Chances are he will be flattered by this statement and see some truth in it. He’ll find a reason to agree; maybe he’s always had a hidden desire to be a great guitar player, or writer, or artist, but never thought he was any good.

Encourage him to explore this creative interest of his. Tell him you’d love to see him play a song on the guitar, or show you some of his writing, sometime. Whatever it is that he’s into, even if he doesn’t sound confident about it.

As he shares these personal details about himself, and you show appreciation, the bond between you and him is strengthened.

Hypothetical D: The Five Senses
“If you had to lose one of your senses—sight, sound, smell, taste, or touch—which is the one you would never be able to give up?”

It’s a deep question that will make him think for a moment. His answer isn’t the point. It’s all about you following up and asking him why that sense is so important to him, and taking it from there.

Then, you need to have an answer of your own, ready to go. Think about it: which sense would you absolutely need to keep, if you had to lose the others? And why?

Maybe he values his sight above all other senses, because she couldn’t imagine never seeing another sunset. Or the smile of his child.

Perhaps he would choose to keep his sense of touch. Ask him, what are the things she would miss touching? Here’s a perfect opportunity for you to stress how you’re an affectionate person, and you could never live without touch, either.

You can say “Touch has to be the most powerful of all the senses. It’s amazing what it can do. I could be having a terrible day, feeling really down, and a simple touch from someone you love can heal everything.”

(If you want to be a bit flirty and bold here, give his forearm a gentle touch while you say this.)

Whatever his answer is, say “I can understand why you feel that way.” Now tell him about your pick. It should reveal something about you, and the things you treasure most.

By playing upon his senses, you develop a romantic bubble around the two of you. You are communicating and connecting on a level that goes way beyond normal conversation.

**Hypothetical E: The Voyeur**

This one is fun because it injects some “sexual energy” into the
conversation:

“Let’s say you’ve just moved into a new place, and you realize that you can see into the house across the street from you. A guy and a girl live there, both very attractive people. One night you look through your blinds and you see them having wild, passionate sex. They’re so into each other, there’s no way they’re going to notice you. So the question is this: do you close your blinds, or do you watch?”

With this one, you’re steering the conversation into sexual territory. As long as the chemistry between you is good, he will find this question sexy, intriguing and a bit naughty—in a good way.

There is no wrong answer. Again, the key is to ask him why he answers the way he does. If he says “I wouldn’t look,” you might say, “What is it that would stop you from looking? I’m not saying that I would watch, but what exactly would hold you back?”

An answer you can give is, “I’m not going to lie; curiosity would probably get the better of me. But I would also think, ‘how would I feel if someone was watching my boyfriend and I being intimate?’ I do think it’s a very personal thing between two people.”

This way, you’re playing both sides of the fence: you’re establishing that you have a strong sexual side, while still sounding like you respect privacy.

He might admit that he would watch. This means you’re dealing with a guy with strong sexual energy who isn’t afraid to admit it, and there are some nice possibilities here. You can use the same response as above: you’re no Peeping Tom, but curiosity probably would get the better of you...

More Hypotheticals

Here are some quick hypothetical questions that can go a long way. Anytime you ask a man one of the following questions, he will reveal something about herself—and then it’s your turn to answer,
and plant seeds.

- If you could teleport right now to any place in the world, where would you go?
- Which would rather have for one day: the power to fly, or the power to be invisible? (And how would you use this power?)
- If you won a hundred million dollars, what’s the first thing you would do?
- If Hollywood makes a movie about your life one day, which actress would you want playing you?
- If you could eat one food as much as you want, and never gain a single ounce, what would it be?
- If you could gaze into a crystal ball and see a single day in your future, which day would you want to see?
- What’s the best purchase you’ve ever made?
- If you could choose between fifty years of being ridiculously happy, or to live forever and be unhappy, which would you choose?
- If it had to always be nighttime or always daytime, which would you choose? And why?
- If you were a superhero, which of your friends would you choose as your sidekick? And what would you want your respective powers to be?
- If you could go back and be any age you want for a month, what would you choose?
- If you could travel 100 years into the past or 100 years into the future, which would you choose?
- If you had a week to live and could do any five things in the world, what would they be?
- If you could pick any three people in the world to be stuck on a deserted island with, who would you choose, and why?
- If after dying you could come back as any living thing other than a human, what would you want to come back as?
- If you could be one age forever, what age would you choose?
- What one piece of advice would you give to your younger self?
- If you could only wear one piece of clothing for the rest of your life, what would it be?
- If you could only listen to one band for the rest of your life, what
bands would you pick?
• Would you rather be a cat or a dog?
• If you could live the life of any movie character, who would you choose?
• What is the one thing in life you can’t live without?
• If you could have any job in the world, what would you pick?
• If you had to pick an animal that best describes your personality, which animal would you choose? And why?
• If you were the President of the United States, what would you do on your first day in office?
  • If you knew that you were about to die in a few hours, who would be the most important person you’d want to talk with before you pass away?
  • If you could be given the chance to experience a year of complete pleasure and bliss, but right after the experience, you would not be able to remember anything at all, would you still do it?
  • If you could live for the next 1,000 years, and have the body of a teenager the whole time, would you do it—if the only catch was that you had to be hideously ugly?
  • If you were given the chance to have a romantic relationship with anybody famous, who would it be?
  • If you could be given the chance to have a wonderful, once in a lifetime affair with someone, but by accepting the offer that person would have to die a year later, would you do it?
  • Which would you prefer: a million dollars exclusively for you, or the power to give ten million dollars to other people?
  • If you learned that the world as we know it will cease to exist in the next 30 days, how would you spend the next month?
  • In order to gain a deeper sense of peace and calm in your life, would you be willing to skip having sex for a year if that’s what it would take?
• If you had the power to travel back in time and change history as we know it today, where would you go and what would you do?
• If you arrived at a secluded but amazingly beautiful beach and discovered that it was a nude beach, would you stay? Would you swim naked?
• If you had a genie, what would be your three wishes? And why?
• If your life was going to get made into a TV show, what kind of show would it be? A comedy, musical or drama?

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**EDUCATED GUESSES**

Talking about your passions is great. Being funny and witty is great, too. But remember to focus your attention on him, and express *interest* in learning more about him.

*Men have fragile egos.* I told you earlier how scary it is for most guys to approach a woman and break the ice. Well, it’s equally scary (or just plain awkward) for a guy to feel that the burden of carrying on the conversation is going to be all on him.

So here’s another way to keep the conversation flowing, so that he continues to open up to you and share. Instead of asking him the same old boring questions, make “educated guesses” about him.

**Boring Question:** “So what do you like to do for fun?”

**Educated Guess:** “I can tell there’s more to you than meets the eye. I’ll bet you’ve got a hobby I would never guess. Tell me what it is.”

(I once said this to a handsome guy who looked like he’d stepped out of the pages of GQ Magazine; he sheepishly admitted to me that writing poetry was his “secret hobby,” and his buddies made fun of him for it. I told him how I would love to read his poems some time, and his face lit up! *Guys will*
Avoid generic questions like, “So where did you grow up,” or “What do you do for a living.”

Instead, turn them into fun “guesses.”

For example, I used to live in New York City. When I was out at the bars, I could usually sense whether a guy was born and raised in the city, or was from somewhere else. For a “somewhere else” guy who seemed nice, I might say during the conversation:

“I’m going to guess you were raised in a small town and your parents taught you the right values. I could be wrong, but you seem like an old-fashioned gentleman who didn’t grow up around here.”

Other times, I might have been hanging out in a small town in the Midwest part of the United States for a business event. If I met a guy who was well-dressed and seemed like a corporate type, I’d flip it around and say:

“I’d have to guess you are NOT from around here. You have this really powerful, ambitious energy that I used to see from a lot of guys in New York City, where I’m from.”

It doesn’t matter whether your “guess” turns out to be right or wrong. You’re flattering him (and feeding the always-hungry male ego”), and you’re going to get him to reveal things about himself that he wouldn’t normally share with a woman during the first chat.

(If you were to simply ask him “Where are you from,” and he tells you his hometown, that question is finished.)

(Or, to find out what type of music he’s into): “OK, question. If you were going to get stranded on a desert island and all you had was a laptop and three CDs, which CDs would you NEED to have with you?”

(To find out his movie picks, substitute the word “DVDs” for “CDs.”)

Also notice, by throwing out this type of question you are injecting some fun into the conversation. Most of these conversations are so predictable; they follow the same basic script. And the guy feels
it’s HIS job to keep things moving along.

When you use these conversational techniques, he’ll feel thrilled to be talking to you—and he will reveal to you WAY more than he usually reveals to a woman during the first conversation.

USE YOUR FEMALE CHARMS

During the conversation, if the chemistry feels good and you can sense he’s developing an interest in you, use your female charms. Seductive eye contact works wonders. Look demure, sort of angle your chin downwards, and then look up through your lashes at him and smile.

Be a little playful, be cheeky, twirl your hair as you talk to him. Occasionally glance at his lips, and then back up into his eyes.

*The effect of this can be mesmerizing to men.*

You can send all sorts of messages without saying a word, but if you do want to flirt verbally (and I recommend you do), a great way to get his attention is to tell him he looks like he’s in good shape, and pick a part of his body to focus on.

(It’s usually pretty obvious if a guy is physically active, and I’d say at least 70% of the reason men go to the gym in the first place is that they’re hoping women will notice the results!)

You can say something like, “I just have to tell you, I love your arms. It’s my favorite body part on a man.” And then give his bicep a squeeze.

This line has NEVER failed to bring a happy smile to the man I use it on!

PHYSICAL CONTACT

Squeezing his arm would be an example of establishing body contact. It’s important to do this, because it plants the seed in his mind that this is not the same type of “friendly chat” he might have with the guy sitting on the next barstool over.
You are reminding him that you’re a woman. He’s a man. There are sexual possibilities here.

Also, when the two of you are making a bit of body contact with each other, it creates the feeling that you’ve known each other longer than you actually have.

Picture yourself having a fun chat with a close male friend of yours. Someone you’ve known for ages. If the two of you are hanging out and enjoying each other’s company, you’re naturally going to touch each other. A high-five, a touch on the shoulder, a pat on the leg, or on the hand…it happens naturally when we’re having a fun one-on-one chat with someone we know and like.

So if the conversation is flowing and the chemistry is building, don’t be afraid to lightly touch him. Give him a playful little swat on the arm when he cracks a dirty joke and tell him “you’re so naughty.” When you both laugh at something, give him a high-five and intertwine your fingers in his, then let his hand go. If you’re sitting down with him, give him a light slap on the thigh when he says something funny or naughty.

(A great way to make contact is to offer to read his palm. Just look up some information on palm-reading on the Internet and learn some of the basics. Now you’ve got a reason to hold his hand in yours and lightly caress his palm while you give him his reading!)

During this early stage, one of the keys to body contact is to keep it brief. Make contact, and then withdraw. If his interest in you is building, he’ll begin to miss those brief touches. If he starts initiating contact with you, it’s a great sign.

A few light, “innocent” touches on the hand or leg can naturally progress to holding hands. Or him curling his arm around your waist. Or the two of you hitting the dance floor and having a ball!

(Just no public makeout sessions, ok? This is NOT a good idea if you want him to think of you tomorrow as more than a “good for now” girl...)
THE IMPORTANCE OF “QUALIFICATION”

My friend Dean, the well-known dating coach for men, told me about another concept he teaches called Qualification.

This means subtly “testing” women during the first conversation, or the first date, to send a message to them: “I’m a confident guy who has a busy social life and I’ve got no shortage of options. So I want to find out, do YOU have what it takes to date a guy like ME?”

(You’re never coming out and saying this; you’re communicating it subconsciously, by using Qualifying statement and questions.)

The idea is, you’re making the other person feel that they’ll need to invest some effort in order to impress you. You’re framing yourself as a CHALLENGE. (One of the keys is to do it playfully; you don’t want to come off as rude.)

As human beings, we are hard-wired to want what we cannot have. Think about it. Let’s say a guy strikes up a conversation with you at a party, and he’s good-looking and nicely dressed—so you’re willing to grant him some of your time, and you have a drink with him.

But then, during the conversation, he acts fidgety and nervous and has nothing interesting to say. He asks you a bunch of “job interview”-type questions: “So what’s your name?” “Where are you from?” “What do you do for a living?” “What kind of music do you like?” And so on.

He’s struggling to keep the conversation alive by asking you questions, agreeing with everything you say, trying to find things in common with you.

Or, he starts blabbing about himself—obviously trying to impress you with his
money, his knowledge, or his social or business connections. This, too, is the sign of a man who is clearly trying to convince you that he’s worthy of being with you.

Either way, it’s sort of unattractive, isn’t it? Men who are truly confident and successful don’t feel the need to do this. They don’t seem concerned about the outcome of the conversation.

Women can use the Qualification technique, too. The message you’re sending is, “I’m a gal who gets a lot of attention from men...so what makes you different from all the other guys? Why are you deserving of my time and attention?”

Some examples of how you might playfully “Qualify” a guy who is trying to flirt with you:

“Oh, so you work in the financial industry. It’s a shame I swore off dating finance guys. They’re all business and no fun, and that’s one of my criteria—a man needs to know how to show me a good time. So tell me some of the things you do for fun.”

“Tell me something about yourself that I would never guess in a million years.”

“You’re kind of cute, but are you just a pretty face? Or is there more to you?”

“I’m going to ask you a question, and I hope you give me a good answer because it’s going to tell me a lot about the type of guy you are...”

You’re prefacing the Qualifying Question in a way that builds anticipation. He’s thinking, “Whoa, this girl is about to put me on the hot seat!” It sends a sudden jolt of adrenaline through him!

When’s the last time a woman interacted with him this way? The answer is, NEVER. The women he has met in the past either engaged with him the usual, predictable small talk about this and that, or they blew him off. What you’re doing is taking an ORIGINAL angle that is going to make him want to “earn points” with you.

Earlier, we have you a list of questions (as well as Hypotheticals)
that you can use. If he gives an answer that you like, you can smile and high-five him and agree with him. *Make some physical contact, and keep building your bond with him.*

If he gives an answer that you totally disagree with, you can playfully mock his answer. This will make him want to subconsciously want to “earn points” with you even more! And then you can use this to tease him throughout the rest of the conversation (again, *playfully...*)

“You’re cute, Dan, but I don’t know if I can date a guy who only knows how to cook grilled cheese sandwiches.”

“OK, you’re fun so I’ll let you get me one more drink, even though I still can’t believe you chose THAT MOVIE as one of your top three...”

“I can tell you’re a sweet guy, I’m just still trying to get over the fact that you would take your ‘dream vacation’ in Las Vegas...if you’re going to be with a girl like me, you’re going to have to learn about Europe...”

And so forth. Have fun with it. You’ll be amazed at how quickly a guy will start trying to “earn points” with you, once you establish that you’re a gal who is not easy to impress!

**NOTE:** Avoid “controversial” topics such as politics or religion, unless you honestly can’t stand the thought of dating a guy who doesn’t share your political or religious beliefs. And never ask Qualifying questions that make you seem like a snob or a gold-digger. The point here is *not* to find out what he can do for you financially. Get him to reveal his likes, his interests, and his passions.

You can come up with your own “Qualifying Questions.” Sometimes, the more surprising the question, the more you’ll captivate his interest—because you’re demonstrating that you’re NOT like the last 27 women he met, who never *challenged* him.

Again, the typical women he meets either A) just follow along and engage in dull back-and-forth banter, or B) don’t give him a chance and leave the conversation as soon as possible.
If you’ve been thinking about skydiving for the first time, you could ask him, “Have you ever been skydiving?” (If he answers “no,” ask him “Well, would you? Because I’m seriously thinking about trying it.”)

Heck, if things go well, he might wind up inviting you to go skydiving on a date. So be ready!

All of these questions are going to spark fun, interesting conversations that are refreshing to him—and to you. If you’re at a party or a bar or a nightclub, and he chats to 10 women during the course of the night, his conversation with YOU is the one he will remember.

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**KEEPING IN TOUCH**

If all seems to be going well, and you’ve had a great chat, and there is a sense of chemistry between the two of you...why not get his number?

Yes, you heard me right—YOU can get HIS number. This isn’t 1950! If you want to make sure you see this guy again, take action and make it happen.

Nowadays, with most of us carrying smartphones, all you need to is take out your phone and say to him, “We should exchange numbers so we can keep in touch. I’ll give you my Facebook, too.” (If you’re connected to the Internet, you can add each other on Facebook right then and there.)

Women can make such a big thing about getting a guy’s number. They worry they make look too “aggressive” or “easy” if they make the move—but you are doing him a HUGE favor if you ask for his number and remove another burden from his shoulders.

It means that he does not have to sweat the small stuff and you’re showing him that a) you are interested, and b) you are a confident girl, which men automatically appreciate.

So, how do you do this? Like I said, you can just ask. Go right ahead. You really do not have to make a huge deal of this. Just casually say
“hey we should hang out sometime, you’re fun. I have to run in a minute, so give me your number.”

Notice that I used the phrase “give me your number.” This is much more assertive than asking if you can have it. If he’s into you, he will not hesitate here, and if he does, well you’ve just said that you need to go, so there is the perfect excuse to leave, and to leave feeling proud of yourself for having had the balls to ask a guy for his number.

There is no way that he will have anything other than respect for you for having done this. If he does give you his number (and the chances of this are extremely high), you will stick to your “I gotta run in a minute” plan—even if it means going home to eat ice cream alone.

The first rule of show business is, “Leave ‘em wanting more.”

This applies to the your first conversation with your possible penguin-to-be. Don’t outstay your welcome. YOU should always be the one to end the conversation because you have something else to attend to.

If he tries to make plans to see you again, right then and there, be coy: “I’ll have to check my schedule, I’ve got a busy week ahead of me…but call me and we’ll see if we can set something up.”

Remember: You are the PRIZE. He’s going to have to invest a bit of effort to earn you!

As for how to “reel in” any man and make him feel an overpowering urge to pledge his heart to you forever, we’ve put together a free video that explains the rest...
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